

# You're My Remedy

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Fred Whitehouse (Ireland) April 2017

Music: The Remedy by Josh Krajcik



## Intro – 24 counts (15 seconds from start of track)

### S1: Twinkle, cross, ¼ turn L x2

1-3 Step R over L, step L to L side, step R forward diagonal  
4-6 Cross L over R, ¼ turn L stepping R back, ¼ turn L stepping L to L side

### S2: Lunge, recover, ¼ turn R, step forward leg raise

1-3 Cross rock R over L, recover on L, ¼ turn R step R forward 9.00  
4-6 Step L forward, kick R forward, hold (slowly rise R leg over 2 counts)

### S3: Step back, ¼ turn L x2, step forward, ½ turn sweep

1-3 Step R back, ¼ turn L stepping L to L side, ¼ turn L stepping R forward 3.00  
4-6 Step L forward, make ½ turn L sweeping R over 2 counts 9.00

### S4: Twinkle x2 (full turns x2)

1-3 Step R over L, step L to L side, step R forward diagonal  
4-6 Step L over R, step R to R side, step L forward diagonal

(Option: instead for these 2 twinkles, add 2 full turns, 1 over the right shoulder, 1 over the left shoulder)

Restart here, during walls 3, and 6

### S5: Diamond fall away making ¼ turn R, weave

1-3 Step R over L, step L to L side, 1/8 turn R stepping R back diagonal  
4-6 Step L back, 1/8 turn R stepping R to R side, cross L over R 12.00

### S6: Pas de valse x2 (side back rocks x2)

1-3 Step R to R side, rock L behind R, recover weight on R  
4-6 Step L to L side, rock R behind L, recover weight on L

### S7: ¼ turn R, ½ turn R hitch, point, full monetary point, hold

1-3 ¼ turn R stepping R forward, ½ turn R pointing L to L side (hitch L as you pivot ½ turn R)  
4-6 Full turn L closing L beside R, point R to R side, hold (option: cross L over R, point hold)

### S8: Weave, sway x3

1-3 Cross R over L, step L to L side, step R behind L  
4-6 Step L to L side as you sway L, sway R, sway L

Enjoy

Contact: [f\\_whitehouse@hotmail.com](mailto:f_whitehouse@hotmail.com)