Count: 48

Wall: 4



Choreo	bgrapher: Daniel Trepat (NL), Rob Fowler (UK) & Darren Bailey (UK) Aug. 2015 Music: One Shot by Rob Thomas
Intro: 4 counts from first beat in music (app. 2 sec. into track). Start when he starts singing Restart: in the 5th & 6th wall after 32 counts	
[1 – 8] Side, To 1 – 2 3&4 5 – 6 7&8	ogether, Half Rumba Box, Side, Together, Half Rumba Box Step R to R side (1), Step L next to R (2) 12:00 Step R to R side (3), Step L next to R (&), Step R forward (4) 12:00 Step L to L side (5), Step R next to L (6) 12:00 Step L to L side (7), Step R next to L (&), Step L backwards (8) 12:00
[9 – 16] Coaste 1&2 3 – 4 5&6 7&8	rstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R crossStep R backwards (1), Step L next to R (&), Step R forward (2) 12:00Step L forward (3), ¼ turn L stepping R to R side (4) 9:00Cross L behind R (5), Step R on ball to R side (&), Step L to L side (6) 9:00Cross R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8)
[17 - 24]Side with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x1 - &4Step L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), Step R next to L & finishshimmy's (3), Clap (&), Clap (4)3:005 - &8Step R to R side & start shimmy shoulders (5), Continue Shimmy's (6), Step L next to R & finishshimmy's (7), Clap (&), Clap (8)3:00	
[25 – 32] 1&2 3&4 5&6&7 on ball next R (& &8	Rock & Cross 2x, ¾ Volta turn R, Ball StepRock R to R side (1), Recover on L (&), Cross R over L (2)3:00Rock L to L side (3), Recover on R (&), Cross L over R (4)3:00¼ turn R stepping R forward (5), Step L on ball next R (&), ¼ turn R crossing R over L (6), Step L), ¼ turn R crossing R over L (7)12:00Rock L to L side on ball (&), Recover on R (8)12:00
[33 – 40] 1&2 3&4 5&6 7&8	Cross & Rock 2x, Mambo & back, Shuffle back with Knee action Cross L over R (1), Rock R to R side (&), Recover on L (2) 12:00 Cross R over L (3), Rock L to L side (&), Recover on R (4) 12:00 Rock L forward (5), Recover on R (&), Step L back (6) 12:00 Step R back & lift L knee (7), Step L next to R (&), Step R back & lift L knee (8) 12:00
[41 – 48] 1&2 3&4 5 – 8 3:00	Mambo L & R, ³ / ₄ turn L (walking L, R, L, R, L) Step L to L side (1), Recover on R (&), Step L next to R (2) 12:00 Step R to R side (3), Recover on L (&), Step R next to L (4) 12:00 While doing count 5 to 8 turn ³ / ₄ turn L - Walk L (5), Walk R (6), Walk L (7), Walk R (&), Walk L (8)

Level: High Improver

In the 5th & 6th Wall you will do a Restart after 32 counts, but count 32 you have to stomp L next to R