XISTED D.I!

By: Debbie McLaughlin / Joey Warren Song: Twisted

Level: High Int.

Desc: AB / 4 Wall Artist: Usher Notes: Tag / Restart

## A - Brush Out-Out, Heel Swivel, & Touch, Jazz Box & Cross, & Point

- 1-&-2 Brush R heel fwd, Step R out to R, Step L out to L
- &3&4 Swivel R heel in, Swivel R heel back to center, Step L to R, Point R toe out to R
- 5-6&7 Cross R over L, Step back on L, Step R out to R, Cross L over R
- & 8 Step R out to R, Point L toe back behind R

#### <sup>3</sup>/<sub>4</sub> Unwind, Step-Lock-Step-Lock-Step, Rock Recover, Back-Out-Out-Touch

- 1 2 Unwind <sup>3</sup>/<sub>4</sub> Turn L stepping slightly fwd on L/sweeping R in front, Step fwd on R
- &3&4 Lock L behind R, Step fwd on R, Lock L behind R, Step fwd on R
- 5-6 Rock fwd on L, Recover back on R
- &7&8 Step back on L, Step R out to R, Step L out to L, Point R toe behind L

#### Twist Heels Out, In, Out, In, Hold, Twist Heels Out-In, Bump Hips R-L-R, L-R-L

- 1&2& Step R to R twisting heels R, Back to center, Twist both heels R, Back to center
- 3-&-4 Hold on 3, Twist both heels out to R, Twist back to center
- 5-&-6 Small step out on R as you bump hips R, L, R (take weight to R on 6)
- 7-&-8 Small step out on L as you bump hips, L, R, L (take weight to L on 8)

#### Weave R Side-Behind-&-Cross & Point, Weave L Side-Behind-&-Cross & Point

- 12-&3 Step R out to R, Step L behind R, Step R out to R, Cross L over R
- & 4 Step R out to R, Point L toe back behind R
- 56-&7 Step L out to L, Step R behind L, Step L out to L, Cross R over L
- & 8 Step L out to L, Point R toe back behind L

## 1/2 Turn Sweep, L Shuffle Step, Step Sweep, L Shuffle Step

- 1 2 <sup>1</sup>/<sub>2</sub> Turn R stepping fwd on R sweeping L out, Continue sweeping L in front of R
- 3-&-4 Step fwd on L, Step R beside of L, Step L fwd
- 5-6 Step fwd on R as you sweep L out to L, Continue sweep till L is in front of R
- 7-&-8 Step fwd on L, Step R beside of L, Step L fwd

## R Fwd Mambo Step, L Fwd Mambo Step, Walk Back-Back, Step 1/2 Turn

- 1-&-2 Rock fwd on R, Recover back on L, Step R beside of L
- 3-&-4 Rock fwd on L, Recover back on R, Step L beside of R
- 5-6 Walk back R, L
- 7-&-8 Step back on R, ¼ Turn L stepping L out to L, ¼ Turn L stepping R fwd

## Step Sweep-R Shuffle Step, Step Sweep-R Shuffle Step

- 1 2 Small step fwd on L as you sweep R out, Continue sweep till R is in front of L
- 3-&-4 Step fwd on R, Step L beside of R, Step R fwd
- 5-6 Step fwd on L as you sweep R out to R, Continue sweep till R is in front of L
- 7-&-8 Step fwd on R, Step L beside of R, Step R fwd

## L Fwd Mambo Step, R Fwd Mambo Step, Walk Back-Back, Step 1/2 Turn

- 1-&-2 Rock fwd on L, Recover back on R, Step L beside of R
- 3-&-4 Rock fwd on R, Recover back on L, Step R beside of L
- 5 6 Walk back L, R
- 7-&-8 Step back on R, ¼ Turn R stepping R out to R, ¼ Turn R stepping L fwd

## <u>B</u> – Side Touch, Side Touch, Mambo Step, Step ½ Turn - Step ½ Turn

1234 Step R fwd to R diagonal, Touch L to R, Step L fwd to L diagonal, Touch R to L

- 5-&-6 Rock fwd on R, Recover back on L, Step back on R
- 7 8 1/2 Turn L stepping fwd on L, 1/2 Turn L stepping back on R

## Back-Sweep, Sweep, Step-Lock-Step, ¼ Turn Shoulder Sways, L Hitch

- 1 2 Step back on L sweeping R out/behind L, Step back on R sweeping L out
- 3-&-4 Step back on L, Lock R over L, Step back on L
- 5 6 <sup>1</sup>/<sub>4</sub> Turn R stepping out on R while pushing shoulders to R, Take weight out on L pushing shoulders to L
- 7 8 Small step out on R pushing shoulders out R, Hitch L knee up beside R Leg

# Back-Back, Step-Together-Step, Fwd Dip, 1/2 Turn L, Step 1/4 Turn

- 1 2 Step back on L, Step back on R (heavy steps here)
- 3-&-4 Step back on L, Step R back towards L, Step back on L (small heavy steps)
- 5-6 Step fwd on R dipping body fwd,  $\frac{1}{2}$  Turn L straightening up and stepping L fwd
- 7 8 Step fwd on R, Pivot ¼ Turn L transferring weight to L

## Touch-Step, Touch-Step, Step Pivot 1/4 - Step Pivot 1/4

- 1 2 Touch R toe fwd/bump R hip to R, Step R back beside of L
- 3 4 Touch L toe fwd/bump L hip to L, Step L back beside of R
- 5 6 Step fwd on R, Pivot ¼ Turn L taking weight on L
- 7-8 Step fwd on R, Pivot ¼ Turn L taking weight on L

## TAG: Happens after your 3<sup>RD</sup> B......you will be facing 3 o'clock

#### Full Turn L Doing 4 Chug Steps on the R

1 – 4 Chug Steps, <sup>1</sup>/<sub>4</sub> Turn each step.....turning to the L (weight ends on L @ 3 o'clock)

**RESTART:** After your TAG, you only do the FIRST 32 of A and go directly into B (Should be facing your back wall 6 o'clock)

## SEQUENCE:

A, B, A, B, A, B, TAG, First 32 of A, B, A, Do 1<sup>st</sup> 16 of B end with L hitch END

## HOPE YOU ENJOY IT!!!