

# Superstitious

**Count:** 140      **Wall:** 1      **Level:** Phrased Advanced  
**Choreographer:** Roy Verdonk ( nl ), Daniel Trepot ( nl ), Laura Bartolomei ( fr ), Nisrine Verdonk ( nl ) Aug 2016  
**Music:** Superstitious - MKTO

**Phrasing :** A, B, C, A, C, D, B, C\*,C  
**Intro :** 16 counts

## Part A: 56 counts

### AS1: Side, Behind, Side, Touch Forward, Swivel, Ball/Mambo Cross, Syncopated Weave

1-2&      Rf step right, Lf cross behind Rf, Rf small step right (&)  
3&4      Lf touch forward, Bf swivel heels left ( & ), Bf swivel heels centre  
&5&6      Lf step together ( & ), Rf rock step right, recover onto Lf ( & ), Rf cross in front of Lf  
&7&8      Lf step left(&), Rf cross behind Lf , Lf step left ( & ), Rf cross in front of Lf

### AS2: Slide L, Hold, Syncopated Swivels In (Heel/Toe/Heel), Hitch R, Coaster R, 1/2 Turn L, Syncopated 1/2 Turn L

1-2      Lf big step left, hold  
&3&4      Rf heel in (&),Lf toes in, Rf heel in (&), Rf hitch knee  
5&6      Rf step back, Lf step together ( & ), Rf step forward  
7&8      make 1 / 2 turn left stepping Lf forward ( 6.00 ) , Rf step forward (&), make 1 / 2 turn left stepping Lf forward (12.00 )

### AS3: Syncopated Rocking Chair, Slide R, Touch L, Syncopated Rocking Chair, Slide L, Touch R

1&2&      Rf rock forward, recover onto Lf ( & ) , Rf rock back, recover onto Lf ( & )  
3-4      Rf big step right, Lf touch next to Rf  
5&6&      Lf rock forward, recover onto Rf (&), Lf rock back , recover onto Rf ( & )  
7-8      Lf big step left, Rf touch next to Lf

### AS4: Side, Behind, Side, Touch Forward, Swivel, Ball/Mambo Cross, Syncopated Weave

1-2&      Rf step right, Lf cross behind Rf, Rf small step right (&)  
3&4      Lf touch forward, Bf swivel heels left ( & ), Bf swivel heels centre  
&5&6      Lf step together ( & ), Rf rock step right, recover onto Lf ( & ), Rf cross in front of Lf  
&7&8      Lf step left(&), Rf cross behind Lf , Lf step left ( & ), Rf cross in front of Lf

### AS5: Slide L, Hold, Syncopated Swivels In (Heel/Toe/Heel), Hitch R, Coaster R, 1/2 Turn L, Syncopated 1/2 Turn L

1-2      Lf big step left, hold  
&3&4      Rf heel in (&),Lf toes in, Rf heel in (&), Rf hitch knee  
5&6      Rf step back, Lf step together ( & ), Rf step forward  
7&8      make 1 / 2 turn left stepping Lf forward ( 6.00 ) , Rf step forward (&), make 1 / 2 turn left stepping Lf forward (12.00 )

### AS6: Syncopated Rocking Chair, Slide R, Touch L, Syncopated Rocking Chair, Slide L, Touch R

1&2&      Rf rock forward, recover onto Lf ( & ) , Rf rock back, recover onto Lf ( & )  
3-4      Rf big step right, Lf touch next to Rf  
5&6&      Lf rock forward, recover onto Rf (&), Lf rock back , recover onto Rf ( & )  
7-8      Lf big step left, Rf touch next to Lf

**(NB section 4 , 5, 6 is a repetition of section 1, 2, 3)**

### AS7: Full Turn R With Sweep, Full Paddle Turn R

1-2-3-4      make 1 / 4 turn right stepping Rf forward ( 3.00 ) , make 3/4 turn right sweeping Lf around from back to front ( 2-3), Lf touch next to Rf ( 12.00 )  
&5      make 1 / 4 turn right (&), Lf left touch left ( 3.00 )  
&6      make 1 / 4 turn right (&), Lf left touch left ( 6.00 )  
&7      make 1 / 4 turn right (&), Lf left touch left ( 9.00 )  
&8      make 1 / 4 turn right (&), Lf step together ( 12.00 )

## Part B: 16 counts

### BS1: Rhumba Box R, Lock Step Forward R, Paddle Turn L

1&2      Rf step right, Lf step together ( & ), Rf step forward  
3&4      Lf step forward, Rf lock behind Lf ( & ), Lf step forward  
5&      make 1 / 8 turn left pushing Rf right, recover Lf  
6&      make 1 / 8 turn left pushing Rf right, recover Lf  
7&      make 1 / 8 turn left pushing Rf right, recover Lf  
8      make 1 / 8 turn left stepping Rf together ( 6.00 )

### BS2: Rhumba Box L, Lock Step Forward L, Paddle Turn R

1&2 Lf step left, Rf step together ( & ), Lf step forward  
 3&4 Rf step forward, Lf lock behind Rf ( & ), Rf step forward  
 5& make 1 / 8 turn right pushing Lf left, recover Rf  
 6& make 1 / 8 turn right pushing Lf left, recover Rf  
 7& make 1 / 8 turn right pushing Lf left, recover Rf  
 8 make 1 / 8 turn right stepping Lf together ( 12.00 )

**Part C: 36 counts**

**CS1: Out/Out/Together, Cross, Side, Modified Sailor Steps Travelling Forward, 1/4 Turn L, Side, Touch Behind**

1&2 Rf step right, Lf step left ( & ), Rf step together  
 3-4 Lf cross in front of Rf, Rf step right  
 5&6 Lf cross behind Rf, Rf step diagonally forward right ( & ), Lf step diagonally forward left  
 &7& Rf cross behind Lf ( & ), Lf step forward, make 1 / 4 turn left stepping Rf right ( 3.00 ) (&  
 8 Lf touch behind Rf

**CS2: Full Turn L, Shuffle L, Heel Grind R With 1/4 Turn R, Heel Grind L**

1-2 make 1 / 4 turn left stepping Lf forward ( 6.00 ), make 1 / 2 turn left stepping Rf back ( 12.00 )  
 3&4 make 1 / 4 turn left stepping Lf left ( 9.00 ), Rf step together ( & ), Lf step left  
 5-6& Rf dig heel forward with toes turned in , make 1 / 4 turn right on right heel turning toes out stepping Lf  
 back ( 12.00 ), Rf step together ( & )  
 7-8& Lf dig heel forward with toes turned in, turn toes out stepping back on Rf, Lf step together ( & )

**CS3: Heel Swivel R, Heel Swivel L , Out/Out/Ball/Cross, Unwind 1/2 Turn L**

1&2 Rf point toes forward, swivel heel right (&), swivel heel back to centre taking weight on Rf  
 3&4 Lf point toes forward, swivel heel left (&), swivel heel back to centre keeping weight on Rf  
 &5&6 Lf step left ( & ), Rf step right, Lf step together ( & ), Rf cross in front of Lf  
 7-8 unwind 1/2 turn left over 2 counts ending with weight on Lf (6.00)

**CS4:**

**Walks Forward R/L, Sailor With 1/2 turn R, Walks Forward L/R, Brush/Out/Out**

1-2 Rf step forward , Lf step forward  
 3&4 Rf cross behind Lf making 1/4 turn right (9.00 ) , Lf step left ( & ), make 1/4 turn right stepping Rf forward  
 (12.00 )  
 5-6 Lf step forward, Rf step forward  
 7&8 Lf brush next to Rf, Lf step left ( & ), Rf step right

**( N.B. Restart part C \* here )**

**CS5: Arm Movement**

1-2-3-4 RA goes forward and through hair over 4 counts

**Part D: 32 counts**

**DS1: Press Steps (4X) , Out/Cross/Out**

1-2 Rf press ball of foot right, Rf step together  
 3-4 Lf press ball of foot left, Lf step together  
 5-6 Rf press ball of foot forward, Rf step together  
 7 Lf press ball of foot forward  
 8&1 Bf jump out, Bf jump in Rf in front of Lf (&), Bf jump out bouncing hips left

**DS2: Hip Bounces L (3X), Cross/Out, Hip Bounces R (4X )**

2-3-4 bounce hips left, bounce hips left , bounce hips left  
 &5 Bf jump in Lf in front of Rf (&), Bf jump out bouncing hips right  
 6-7-8 bounce hips right, bounce hips right, bounce hips right

**DS3: Side, Cross, Side/Cross/Side, Side, Cross, Side/Cross/Side**

1-2 Lf step left, Rf cross in front of Lf  
 3&4 Lf step left , Rf cross in front of Lf ( & ), Lf step left  
 5-6 Rf step right, Lf cross in front of Rf  
 7&8 Rf step right , Lf cross in front of Rf ( & ), Rf step right

**DS4: Cross, Back , Side, Together, Pose With Bounces**

1-2 Lf cross in front of Rf, Rf step back  
 3-4 Lf step left, Rf step together crossing arms over each other  
 5-6-7-8 bounce 4 times