

# Super Girls

<i>Intermediate</i>	<i>2 Wall Line Dance</i>	<i>64 Counts</i>
Choreographer :	Ross Brown (UK) <a href="mailto:ross-brown@hotmail.co.uk">ross-brown@hotmail.co.uk</a>	
Choreographed To :	Super Girls by Mara feat. Michelle Gutty & Beto Perez (125 BPM),	
CD :	Super Girls - Single [Length - 3:15]	
Intro :	36 Counts (Approx. 16 Secs)	
Restart :	On Wall 5, restart the dance after 36 Counts (*R*) facing BACK WALL.	

## **SIDE, HEEL SWIVELS or APPLEJACKS. BALL, CROSS. TAP, SIDE PRESS. BEHIND, SIDE, CROSS.**

- 1 & 2 & 3 Step right to the right, swivel left heel in, swivel left heel back, swivel right heel in, swivel right heel back.  
 & 4 Step left next to right, cross step right over left.  
 & 5 – 6 Tap left toe to the left (shoulder width apart), press left to the left, recover onto right.  
 7 & 8 Cross step left behind right, step right to the right, cross step left over right.

**Alternative :** **Counts 1 & 2 & 3 can be replaced with APPLEJACKS.**

(12 O'CLOCK)

## **TAP, SIDE PRESS. BEHIND, SIDE, STEP. HEEL SWIVEL. WALK BACK with KNEE POPS.**

- & 1 – 2 Tap right toe to the right (shoulder width apart), press right to the right, recover onto left.  
 3 & 4 Cross step right behind left, step left to the left, step forward with right.  
 & 5 – 6 Swivel both heels to the right, swivel both heels back, walk back with right popping left knee forward.  
 7 – 8 Walk back with left popping right knee forward, walk back with right popping left knee forward.

(12 O'CLOCK)

## **BALL, SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES.**

- & 1 – 2 Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.  
 & 3 & 4 In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip.  
 5 – 6 Make a ¼ turn left stepping left to the left, drag right up to left.  
 & 7 & 8 In a bumping fashion; lift right hip up, lower right hip, lift right hip up, lower right hip.

**Alternative :** **Counts & 3 & 4 and & 7 & 8 can be replaced by pushing both knees forward twice.**

(6 O'CLOCK)

## **SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. BALL, STEP. STEP, PIVOT ½ TURN R, BACK ½ TURN R.**

- 1 – 2 Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.  
 & 3 & 4 In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip. (See above "Alternative")  
 & 5 Step left next to right, step forward with right.  
 6 – 7 – 8 Step forward with left, pivot a ½ turn right, make a ½ turn right stepping back with left.

(3 O'CLOCK)

## **SIDE ¼ TURN R. WEAVE RIGHT. SIDE TOUCH, FLICK ¼ TURN L, STEP. LOCK, OUT, OUT.**

- 1 – 2 Make a ¼ turn right stepping right to the right, cross step left over right.  
 & 3 & 4 Step right to the right, cross step left behind right, step right to the right, cross step left over right. (\*R\*)  
 & 5 – 6 Touch right toe to the right, make a ¼ turn left flicking right foot back, step forward with right.  
 7 & 8 Lock left foot behind right, step forward and out with right, step forward and out with left.

(3 O'CLOCK)

## **"AROUND THE WORLD": (GRADUAL ¾ TURN R) CROSS, SIDE, BEHIND. BEHIND, SIDE, CROSS. X2.**

- 1 & 2 Cross step right over left, step left to the left, cross step right behind left.  
 3 & 4 Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right.  
 5 & 6 Make a ¼ turn right stepping right over left, step left to the left, cross step right behind left.  
 7 & 8 Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right.

(12 O'CLOCK)

## **DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP.**

- 1 – 2 Step right foot forward to right diagonal (1:30), drag left up to right.  
 3 – 4 Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.  
 & 5 – 6 Step left next to right, step right foot forward to right diagonal (10:30), drag left up to right.  
 7 – 8 Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.

( 7:30 )

## **BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, JAZZ BOX with CROSS.**

- & 1 – 2 Step left next to right, step right foot forward to right diagonal (7:30), drag left up to right.  
 3 – 4 Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.  
 & 5 – 6 – 7 – 8 Step left next to right, cross step right over left, step back with left, step right to the right, cross step left over right.

(6 O'CLOCK)

END OF DANCE! ☺