

Suicide Waltz

By Joey Warren (USA), Debbie McLaughlin (UK) & Niels Poulsen (DK) May 2014



Type of dance: Int/adv waltz. 96 counts. 2 walls.

Music: Suicide by James Arthur. Track length: 4:11. Buy on iTunes, etc.

James Arthur sings '1, 2, 3, here we go'. Start on first clear beat after this (6 secs into track). Intro:

Tag/restarts: See explanation at bottom of page @ Intro, 96, 48, 96, 96, 24, 48, 6, 96, ending Sequence:

When doing wall 7 (starts facing 12:00) continue dancing when music changes after 48 counts. Finish 7^{th} wall which takes you to 6:00 Then step fwd L and sweep R a $\frac{1}{2}$ L © Ending:

Counts	Footwork	End facing
1 – 12	Sweep ½ L, weave, ¼ L, sweep ½ L, fwd R, full turn R	
1 – 3	Step fwd on L (1), start turning ½ L on L sweeping R fwd (2), finish ½ turn L (3)	6:00
4 – 6	Cross R over L (4), step L to L side (5), cross R behind L (6)	6:00
7 – 9	Turn ¼ L stepping L fwd (7), start turning ½ L on L sweeping R fwd (8), finish ½ turn L (9)	9:00
10 – 12	Step R fwd (10), turn ½ R stepping back on L (11), turn ½ R stepping fwd on R (12)	9:00
13 – 24	Fwd L, slow ½ R, prep, full turn L, R twinkle, L twinkle ¾ L	
1 – 3	Step fwd on L (1), start turning ½ R on L (2), finish turn changing weight to R foot (3)	3:00
4 – 6	Turn body slightly R (4) turn ½ L stepping fwd L (5), spin ½ L on L keeping R foot next to L (6)	3:00
7 – 9	Cross R over L (7), step L to L side (8), step R to R side (9)	3:00
10 – 12	Cross L over R (10), turn ½ L stepping back on R (11), turn ½ L stepping fwd on L (12) *2 nd restart happens here	6:00
25 – 36	Fwd R, drag L into L lift, run back L R L, ¼ R into R lunge, spin full turn L	
1 – 3	Step R fwd (1), drag L next to R (2), go up on the ball of R lifting/kicking L slightly fwd (3)	6:00
4 – 6	Step down on R running back on L (4), run back on R (5), run back on L (6)	6:00
7 – 9	Turn ¼ R stepping R to R side (7), bend in R knee leaving L leg straightened (8), prep upper-body slightly R (9)	9:00
10 – 12	Recover on L turning ¼ L (10), start spinning ¾ L on L keeping R next to L (11), finish turn (12)	9:00
37 – 48	R twinkle, L twinkle ½ R, R twinkle, L twinkle ½ R	
1 – 3	Cross R over L (1), step L to L side (2), step R to R side (3)	9:00
4 – 6	Cross L over R (4), turn ¼ L stepping back on R (5), turn ¼ L stepping L to L side (6)	3:00
7 – 9	Cross R over L (7), step L to L side (8), step R to R side (9)	3:00
10 – 12	Cross L over R (10), turn $\frac{1}{4}$ L stepping back on R (11), turn $\frac{1}{4}$ L stepping L to L side (12) * 1^{st} restart AND tag + 3^{rd} restart happen here	9:00
49 – 60	1/2 diamond R, Cross, 1/4 R, 1/4 R, cross, full unwind R with sweep	
1 – 3	Turn 1/8 L stepping R fwd (1), turn 1/8 R stepping L to L side (2) turn 1/8 R stepping R back (3)	10:30
4 – 6	Step L back (4), turn 1/8 R stepping R to R side (5), turn 1/8 R stepping L fwd (6)	1:30
7 – 9	Square up to 3:00 crossing R over L (7), turn ¼ R stepping L back (8), turn ¼ R stepping R to R side (9)	9:00
10 – 12	Cross L slightly over R (10), unwind full turn R on L (11), sweep R to R side (12)	9:00
	R sailor step, L sailor step, behind side cross, slow L side rock	
1 – 3	Cross R behind L (1), step L to L side (2), step R to R side (3)	9:00
4 – 6	Cross L behind R (4), step R to R side (5), step L to L side (6)	9:00
7 – 9	Cross R behind L (7), step L to L side (8), cross R over L (9)	9:00
10 – 12	Rock L to L side (10), start changing weight to R (11), recover fully on R (12)	9:00
73 – 84	L twinkle, R cross, L drag, hitch L, L twinkle, R drag ¼ R, hitch R	
1 – 3	Cross L over R (1), step R to R side (2), step L to L side (3)	9:00
4 – 6	Cross R over L (4), drag L towards R turning body slightly R (5), hitch L knee slightly (6)	9:00
7 – 9	Cross L over R (7), step R to R side (8), step L to L side (9)	9:00
10 – 12	Cross R over L (10), drag L towards R turning ¼ R (11), hitch L knee slightly (12)	12:00

85 – 96	Fwd L, ¼ L, ¼ L, back R, ¼ L, ¼ L, fwd L, drag together, back R, ½ L, fwd R	
1 – 3	Step L fwd (1), turn 1/4 L stepping R to R side (2), turn 1/4 L stepping back on L (3)	6:00
4 – 6	Step back on R (4), turn ¼ L stepping L to L side (5), turn ¼ L stepping fwd on R (6)	12:00
7 – 9	Step fwd on L (7), start dragging R towards L (8), touch R next to L (9)	12:00
10 – 12	Step back on R (10), turn ½ L stepping fwd on L (11), step fwd on R (12)	6:00
	Start again ©	

	There are 2 restarts + 1 tag with a restart afterwards. The good thing about the restarts and	
+ Tag	the tag is that you execute them in exactly the same way doing a spiral turn each time:	
Restart no. 1	The 1 st restart happens after 48 counts on wall 2, facing 12:00 (wall 2 starts at the back wall). After 48 counts you will normally be facing 3:00 having just completed a twinkle ½ L. To restart facing the front you change your twinkle ½ L (counts 46-48) into: <i>cross L over R</i> , turn ¼ L stepping back on R, do a spiral ½ L on R. Now restart facing the front	12:00
Restart no. 2	The 2 nd restart happens after 24 counts on wall 5, facing 6:00 (wall 5 starts at the front wall). After 24 counts you will be facing 6:00 but with the weight on your L. To restart you must have the weight on your R foot. To do this you change your twinkle ¾ L (counts 22-24) to: cross L over R, turn ¼ L stepping back on R, do a spiral ½ L on R. Now restart facing 6:00	6:00
Tag + restart no. 3	The tag + 3 rd restart happens after 48 counts on wall 6, facing 12:00 (wall 6 starts at the back wall). Do the same as with your 1 st restart on counts 46-48: <i>cross L over R, turn ¼ L stepping back on R, do a spiral ½ L on R</i> . Then add this 6 count tag (L basic fwd, R back drag): <i>step L fwd (1), step R next to L (2), change weight to L (3), step R back (4), start dragging L towards R (5), touch L next to R having opened turned body slightly R to be ready to turn L into your restart (6).</i> Now restart facing the front	12:00