

**Count:** 48      **Wall:** 2      **Level:** Intermediate / Advanced  
**Choreographer:** Nicola Lafferty (Feb. 2016)  
**Music:** Shut Up & Dance (Acoustic Version) by Tyler Ward. Album: Cookin' Covers

**Count In: 32 Count Intro**

**Note:** There is one small tag and restart on Wall 4 after count 16 (see note below)

**[1-8] Walk R, L, Twist ½ Turn x 2, Sweep, Cross & Close, Walks to Diagonal**  
 1,2 Walk fwd RF, Walk fwd LF  
 3 Transferring weight to RF, keep feet where they are and look back over R shoulder at 6 o'clock  
 4 Rotate back to 12 o'clock, taking weight to LF and sweeping RF from front to back  
 5&6 Cross RF over LF, Step LF a small step to L side as you angle body to R diagonal (1.30),  
 Close RF to LF (still facing 1.30)  
 7,8 Continuing to face 1.30, Walk fwd LF, Walk fwd RF

**[9-16] Rock, Recover, Slide, Ball change, Press, Sweeps Back (all facing 1.30)**  
 1,2 Rock LF fwd, Recover weight to RF  
 3&4 Slide LF a big step back, Close RF to LF, Step LF fwd  
 5 Press ball of RF foot fwd, bending R knee  
 6 Step back on LF sweeping RF from front to back  
 7 Step back on RF sweeping LF from front to back  
 8 Step back on LF sweeping RF from front to back  
**\*Tag & restart happens here on Wall 4**

**[17-24] Rock, Recover, Cross Ballchanges x 2, ½ Pivot with Hip Roll**  
 1,2 Still facing 1.30, Rock back on RF, recover weight to LF  
 3&4 Making 1/8 turn R to square up to 3.00, Cross RF over LF, Rock LF to L side, Recover  
 weight to RF  
 5&6 Cross LF over RF, Rock RF to R side, Recover weight to LF  
 7,8 Step RF fwd, ½ Pivot turn L, rolling hips from L to R (face 9.00)

**[25-32] Side Rock, Recover with Hitch, Behind Side, Cross Rock, Recover, ¼ Turn, Touch**  
 1,2 Rock RF to R side, Recover weight to LF  
 3 Step RF in place as you hitch L knee up  
 4& Cross LF behind RF, Step RF to R side  
 5,6 Cross Rock LF over RF, Recover weight to RF  
 7,8 Make ¼ turn L, stepping LF fwd, Touch RF beside LF (face 6.00)

**[33-40] Single, Single, Double Swing Walks, Repeat**  
 1,2 Step RF back to R diagonal as you lift L toe, Step LF back to L diagonal as you lift R toe  
 3&4 Step RF back to R diagonal as you lift L toe, Close LF to RF, Step RF back to R diagonal as you  
 lift L toe  
 5,6 Step LF back to L diagonal as you lift R toe, Step RF back to R diagonal as you lift L toe  
 7&8 Step LF back to L diagonal as you lift R toe, Close RF to LF, Step LF back to L diagonal as you lift  
 R toe

**[41-48] Coaster Step, Rock Recover, ½ Turn, ¼ Turn, Ballchange, ¼ Turn**  
 1&2 Step RF back, Close LF to RF, Step RF fwd  
 3,4 Rock LF fwd, Recover weight to RF  
 5 Make ½ turn over L shoulder, stepping LF fwd (face 12.00)  
 6 Make ¼ Turn to L, stepping RF to R side (face 9.00)  
 &7 Close RF behind LF, Step LF in place  
 8 Making ¼ turn L to face 6.00, Step LF fwd

**Tag (occurs after 16 counts) you will be facing 7.30:**

1 Rock RF back, turning head and bringing finger to lips  
 2 Recover weight to LF squaring up to 7.30  
 3 Make 1/8 Turn L to face 6.00 as you touch RF beside LF

**Restart the dance again from the beginning**