

# Shady

**Count:** 32      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Darren Bailey, Fred Whitehouse, Amy Glass – Dec 2016  
**Music:** Shady by Adam Lambert

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**Intro: 32 Counts - Pattern: 32, Tag1, 32, Tag 2, 16 Restart, 32, Tag 1, 32, Tag 2 Only ½ , 32, 32, 32**

**Heel, Step, Lock, Step, Step, Lock with pop, Step forward, ¾ chase turn R, Drag**

1-2&      Step forward on Heel of RF, Make a 1/8 turn R step LF to L side, Make a 1/8 turn L and lock RF behind LF  
3&4      Step forward on LF, Make a 1/8 turn L and step RF to R side, Close LF next to RF and pop R knee forward (now facing 10:30)  
5-6      Make a 1/8 turn R and step forward on RF, Step forward on LF,  
7-8      Make a ½ turn R (weight on RF) Make a ¼ turn R and take a big step to L with LF, (now facing 9 o'clock)

**Syncopated rocks, Sailor step, Behind, side, ¼ turn R, Out, Out, Toes, Heels**

1&2&      Rock forward on RF, Recover onto LF, Rock RF to R side, Recover onto LF  
3&4      Cross RF behind LF, Step LF to L side, Step RF to R side  
5&6&      Cross LF behind RF, Make a ¼ turn R and step forward on RF, Step forward on LF, Step out on RF  
7&8      Step out on LF, Twist both toes in, Twist both heel in (now facing 12 o'clock)  
**(Restart here on wall 3)**

**Rocking chair with hitches, Step Back drag, Hold, Ball, Step, L Mambo forward**

1&2&      Rock forward on RF, Recover onto LF, Rock back on RF and hitch L knee, Recover onto LF  
3&4      Rock forward on RF, Recover onto LF, Take a big step back on RF  
5&6      Hold, Close LF next to RF, Step forward on RF  
7&8      Rock forward on LF, Recover onto RF, Close LF next to RF

**Walk R, ¼ turn L, Sailor step R, Sailor step L with ¼ turn L, Hitch, Touch, ½ turn R**

1-2      Step forward on RF, Make a ¼ turn R and step LF to L side  
3&4      Cross RF behind LF, Step LF to L side, Step RF to R side  
5&6      Cross LF behind RF, Step RF to R side, Make a ¼ turn L and step forward on LF  
&7-8      Hitch R knee, Touch RF back , Make a ½ turn R (keeping weight back on LF) (now facing 6 O'clock)

**Tag 1 (back walls)**

**Knee Pops**

1-2      Step forward on RF and pop L knee, Step forward on LF and pop R knee

**Tag 2 (front walls)**

1-2      Step diagonally forward to R with RF, Step out L with LF

3-4      Take a big step back with RF, Close LF next to RF

**(2nd Time you dance Tag 2 you only dance the first 4 counts)**

5-6      Step diagonally forward to R with RF, Step out L with LF

7-8      Contract chest x2 on counts 7, 8

**Hope you enjoy the dance. Live to Love; Dance to Express.**