

# Sexed up

Choreographer: Maria Maag ( Denmark )

[Maria.maag.dk@gmail.com](mailto:Maria.maag.dk@gmail.com)

April 2015



Type of dance: Phrased AB smooth linedance, A: 56 counts, 1 wall, B: 28 counts, 2 walls  
 Level: Advanced  
 Sequences: A, B, Tag 16 counts, A, B, Tag 4 counts, A 24 counts, hold 3 counts, Tag 16 counts, B, A 33 counts.  
 Music: Sexed up ( Radio edit ) by Robbie Williams length 4:10  
 Intro: 16 counts from first beat  
**3 Tags:** **Tag 1:** 16 counts after wall 2 (after 1<sup>st</sup> B) (facing 06:00)  
**Tag 2:** 4 counts after wall 4 (after 2<sup>nd</sup> B) (facing 12:00)  
**Tag 3:** (to face 12:00 make another ¼ turn L in the hitch turn) (1) then 3 counts hold (2-3-4) then 16 counts tag after the hold. (after 3<sup>rd</sup> A) (same as Tag 1)  
 Ending: After 33 count of the 4<sup>th</sup>. A (facing 12:00) ... The End ☺☺

## Part A

Counts	Footwork	You face
<b>1 – 8</b>	<b>Step fw. R, step ½ turn R step, 1 ¼ triple L, back rock L, step L and ½ Fan R, run 2 x 1/8 R with R+L</b>	
1-2&	Step fw. R (1), step fw. L (2), make a ½ turn R stepping down R (&)	06:00
3-4&	Step fw. L (3), make a ½ turn L stepping back R (4), make a ½ turn L stepping fw. L	06:00
5-6&	Turn ¼ L stepping R to side (5), rock back L (6), recover R (&)	03:00
7-8&	Step L to side and do a ½ fan turn R (7), turn 1/8 R run fw. R (8), turn 1/8 R run fw. L (&)	12:00
<b>9 – 16</b>	<b>Step fw. R and sweep L, weave R and sweep R, behind ¼ L ¼ L and sway R L, basic R</b>	
1-2&	Step fw. R and sweep L fw. (1), cross L over R (2), step R to side (&)	12:00
3-4&	Cross L behind R and sweep R back (3), cross R behind L (4), turn ¼ L stepping fw. L (&)	09:00
5-6	Turn ¼ L stepping R to side and sway R (5), sway L (6)	06:00
7-8&	Step R to side (7), close L behind R (8), cross R over L (&)	06:00
<b>17 – 24</b>	<b>Diamant 2 x ¼ R, basic L, ¼ L stepping back R run back L R</b>	
1-2&	Step L to side (1), turn 1/8 R stepping back R (2), step back L (&)	07:30
3-4&	Turn 1/8 R stepping R to side (3), turn 1/8 R stepping fw. L (4), step fw. R (&)	10:30
5-6&	Turn 1/8 R stepping L to side (5), close R behind L (6), cross L over R (&)	12:00
7-8&	Turn ¼ L stepping back R (7), run back L (8), run back R (&)	09:00
<b>25 – 32</b>	<b>½ turn L with R hitch, Step R fw, ½ turn L step fw. R, full turn R, ½ turn R sweep R, back rock R recover L, turn 1/8 R, cross side</b>	
1-2&	Make a ½ turn L stepping down L and do a small hitch with R (1), step fw. R (2), make a ½ turn L stepping down L (&) <b>Wall 5: Hold for 3 counts (facing 12:00)</b>	09:00
3-4&	Step fw. R (3), make a ½ turn R stepping back L (4), make a ½ turn R stepping fw. R (&)	09:00
5-6	Make a ½ turn R stepping back L and sweep R back (5), rock back R (6)	03:00
7-8&	Recover L (7), turn 1/8 R crossing R over L (8), step L to side (&)	04:30
<b>33 - 40</b>	<b>Cross R, side rock cross rock side rock L, cross L, side rock cross rock side rock R</b>	
1-2&	Cross R over L (1) square up to 6 o'clock (1/8 turn R) and rock L to side (2), recover R (&)	06:00
3&4&	Cross rock L over R (3), recover R (&), rock L to side (4), recover R (&)	06:00
5-6&	Cross L over R (5), rock R to side (6), recover L (&)	06:00
7&8&	Cross rock R over L (7), recover L (&), rock R to side (8), recover L (&)	06:00
<b>41 - 48</b>	<b>Weave L, touch R behind L unwind ½ R, sweep L, cross L, ¼ L syncopated coaster step back R</b>	
1&2&	Cross R over L (1), step L to side (&), cross R behind L (2), step L to side (&)	06:00
3&4&	Cross R over L (3), step L to side (&), touch R behind L (4), make a ½ turn R on R (&)	12:00
5-6&	Sweep L fw. (5), cross L over R (6), turn ¼ L stepping back R (&)	09:00
7-8	Step L next to R (7), step fw. R (8)	09:00
<b>49 - 56</b>	<b>Step ½ turn R, step ½ turn R, step ½ turn R, rock fw. L recover R, ½ turn L, step ½ turn L, ¼ L side step R touch L, side step L touch R</b>	
1&2&	Step fw. L (1), make a ½ turn R stepping down R (&), Step fw. L (2), make a ½ turn R stepping down R (&),	09:00
3&4&	Step fw. L (3), make a ½ turn R stepping down R (&), rock fw. L (4), recover R (&)	03:00
5-6&	Make a ½ turn L stepping down L (5), step fw. R (6), make a ½ turn L stepping down L (&)	03:00
7&8&	Turn ¼ L step R to side (7), touch L next to R (&), step L to side (8), touch R next to L (&)	12:00

Part B

Counts	Footwork	You face
<b>1 – 8</b>	<b>Basic R, basic L, side rock, cross ¼ R back, turn ¼ R and sway, recover L drag R next to L</b>	
1-2&	Step R to side (1), close L behind R (2), cross R over L (&)	12:00
3-4&	Step L to side (3), close R behind L (4), cross L over R	12:00
5&6&	Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&)	03:00
7-8	Turn ¼ R and sway R (7), recover L and drag R next to L (8)	06:00
<b>9 – 16</b>	<b>Basic R, basic L, side rock, cross ¼ R back, turn ¼ R and sway, recover L drag R next to L</b>	
1-2&	Step R to side (1), close L behind R (2), cross R over L (&)	06:00
3-4&	Step L to side (3), close R behind L (4), cross L over R	06:00
5&6&	Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&)	09:00
7-8	Turn ¼ R and sway R (7), recover L and drag R next to L (8)	12:00
<b>17 – 24</b>	<b>Side R, behind side step fw L, step fw. R ½ turn L. rocking chair fw, back, extended lock step fw. R</b>	
1-2&	Step R to side (1), cross L behind R (2), step R to side (&)	12:00
3-4&	Step fw. L (3), step fw. R (4), make a ½ turn L stepping down L (&)	06:00
5&6&	Rock fw. R (5), recover L (&), rock back R (6), recover L (&)	06:00
7&8&	Step fw. R (7), lock L behind R (&), step fw. R (8), lock L behind R (&)	06:00
<b>25 – 28</b>	<b>Step fw. R and sweep L, syncopated jazz box L</b>	
1-2&	Step fw. R and sweep L (1), cross L over R (2), step back R (&)	06:00
3-4	Step L to side (3), touch R next to L (4)	06:00
<b>Tag1&amp;3</b>		
<b>1 - 8</b>	<b>Figure 8 R</b>	
1-2&	Step R to side (1), cross L behind R (2), turn ¼ R stepping down R (&)	
3-4&	Step fw. L (3), make a ½ turn R stepping down R (4), turn ¼ R stepping L to side (&)	
5-6&	Cross R behind L (5), turn ¼ L stepping down L (6), step fw. R (&)	
7-8	Make a ½ turn L stepping down L (7), turn ¼ L on L sweep R and touch R next to L (8)	
<b>9-16</b>	<b>Repeat counts 1-8</b>	
<b>Tag 2</b>		
<b>1-4</b>	<b>Basic R, basic L</b>	
1-2&	Step R to side (1), close L behind (2), cross R over L (&)	
3-4&	Step L to side (3), close R behind L (4), cross L over R (&)	

Enjoy...:-)