Pasanda



Count: 48 Wall: 4 Level: Easy Intermediate

Choreographer: Pat Stott & Sandra Speck (Aug 2013)

Music: Dil Garden Garden Ho Gaya. cd: Top 25 Songs of 2012 (Bollywood) iTunes

Intro: 16 counts starting from heavy beat, starts on the word Arrey, approx. 14 seconds.

TOUCH STEP, TOUCH STEP, TOUCH STEP, TOUCH STEP

1 - 2 Touch right toe forward, step down on right foot
3 - 4 Touch left toe forward, step down on left foot
5 - 6 Touch right toe forward, step down on right foot
7 - 8 Touch left toe forward, step down on left foot

Harder alternative for counts 1 - 8,

1-2 Touch right toe forward step down on right foot,

3-4 Make ½ turn right stepping back on left toe, step down on left foot step down on right foot,

5-6 Make ½ turn right stepping forward on right toe, step down on right foot,

7-8 Touch left toe forward, step down on left foot

HITCH TOUCH FORWARD, HITCH TOUCH SIDE, RIGHT HEEL TOE, LEFT HEEL TOE

1 - 2
3 - 4
Hitch right knee, touch right toe in front of left
Hitch right knee, touch right toe to right side

5 – 6 Twist right heel to right side, twist right toe to right side, transferring weight to right foot

7 – 8 Twist left heel to right, twist left toe to right (weight on right foot)

BEND HEEL, BEND HEEL, HITCH BACK, HITCH BACK

1 – 2 Transferring weight to left foot bend both knees slightly, straighten up and touch right heel forward towards

right diagonal

3 – 4 Transferring weight to right foot bend both knees slightly, straighten up and touch left heel forwards towards

left diagonal
**Tag here, wall 6

5 – 6 Hitch left knee, step back on left 7 – 8 Hitch right knee, step back on right foot

HITCH BACK, HITCH 1/4 TURN RIGHT, HIP PUSH FORWARDS X 2

1 – 2 Hitch left knee, step back on left

3 – 4 Hitch right knee, step back on right foot, body facing towards right diagonal, only the toe of the left foot in

contact with the floor

5 – 8 With weight on right foot push hips forwards, back, forwards, back (easy option hip bumps, I-r-I-r)

Styling option for counts 3-8.

3-4 Bring right arm forward and up in a clockwise direction, leaning slight back on right foot 5-8 With right arm in the air, twist the light bulb action with hand X 2, left hand on left hip

STEP SWEEP, CROSS SIDE BEHIND POINT, CROSS HITCH TURN

1 – 2 Facing 12 o'clock, step forward on left foot, sweep right foot out and forward

3 – 4 Cross right foot over left, step left foot to left side

5 – 6 Step right foot behind left, point left foot to left side turning body towards right diagonal (1.30)

7 – 8 Cross left foot over right (still facing 1.30) hitch right knee, make ½ turn left on ball of left foot to face back

diagonal (7.30)

STEP KICK, BACK TOUCH, STEP, PADDLE TURNS x 2, TOGETHER

1 – 2 Step forward on right foot, still facing diagonal (7.30), kick left foot forward

3 – 4 Step back on left foot, touch right toe slightly back

5 – 6& Step forward on right foot, touch left toe forward paddle 3/8 right

7 & 8 Touch left toe forward paddle ¼ right, close left foot next to right (3 o'clock)

Styling option for counts 5 – 8 Arms out to side, slightly bent, palms facing down, lean into turn

*TAG, wall 6 after count 4, section 3,

STEP PADDLE 1/4, STEP PADDLE 1/4, STEP PADDLE 1/4

5,6&7&8& Step forward on left foot, step forward on right toe paddle 1/4 turn left X 3

Re-start dance from the beginning facing 6 o'clock

Dil garden garden ho gaya is a slang kind phrase which is a parody on Hindi idiom 'dil bag bag hona', which literally translates to 'Heart becoming garden', but actually means being very happy (from the meaning heart getting blossomed like a garden).

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