## Only a Woman!

**Choreographer: Niels Poulsen (Denmark)** 

niels@love-to-dance.dk - www.love-to-dance.dk

## **April 2014**

Type of dance: High intermediate nightclub. 32 counts. 2 walls.

Music: Only a Woman by Enrique Iglesias. Track length: 4:03. Buy on iTunes, etc.

Intro: 16 count intro (14 secs. into track). Start with weight on L foot

1 easy tag: See tag description at bottom of page
Sequence: Intro, 32, Tag, 32, 32, Tag, 32, 32, 32, Tag.

Ending: After your last tag just turn ¼ L stepping R to R side... ©

Note: The main dance is a 2 wall dance facing 12:00 and 6:00 every time you do it. The tag is also

a 2 wall dance but you always face the side walls when doing it.

Counts	Footwork	End facing
1 – 9	R basic, ¼ R, run R L ½ R into rock fwd R, run back L R ½ L with R sweep, weave	<del></del>
1	Step R a big step to R side (1)	12:00
2&3	Step L behind R (2), cross R over L (&), turn 1/4 R stepping back on L (3)	3:00
4&5	Turn ½ R stepping fwd on R (4), step fwd on L (&), rock fwd on R (5)	9:00
6&7	Recover on L (6), run backwards on R (&), turn ½ L stepping L fwd and sweeping R fwd	3:00
8&1	Cross R over L (8), step L to L side (&), cross R behind L sweeping L to L side (1)	3:00
10 – 17	Behind turn step fwd, step ¼ cross, reverser rolling vine into L basic, ¼ R with sweep	
2&3	Cross L behind R (2), turn ¼ R stepping fwd on R (&), step fwd on L (3)	6:00
4&5	Step fwd on R (4), turn 1/4 L stepping onto L (&), cross R over L (5)	3:00
6&7	Turn ¼ R stepping L back (6), turn ½ R stepping R fwd (&), turn ¼ R stepping L to L (7)	3:00
8&1	Step R behind L (8), cross L over R (&), turn ¼ R stepping R fwd and sweeping L fwd (1)	6:00
18 – 25	Weave, behind turn, 3 walks fwd R L R, 1 ½ L with sweep	
2&3	Cross L over R (2), step R to R side (&), cross L behind R sweeping R to R side (3)	6:00
4&	Cross R behind L (4), turn ¼ L stepping L fwd (&)	3:00
5 – 7	Walk R diagonally fwd L (5), walk L diagonally fwd R (6), walk R straight fwd (7)	3:00
8&1	Turn ½ L onto L (8), turn ½ L stepping R back (&), turn ½ L onto L and sweeping R fwd (1)	9:00
26 – 32	R jazz box into R back rock, ½ L, rock fwd R, full turn R (+ ¼ R)	
2&3	Cross R over L (2), step back on L (&), rock back on R (3)	9:00
4&5	Recover fwd to L (4), step fwd on R (&), turn ½ L onto L foot (5)	3:00
6 – 7	Rock fwd on R (6), recover back on L (7)	3:00
8& (1)	Turn ½ R stepping fwd on R (8), turn ½ R stepping back on L (&) To begin again turn ¼	3:00
	R into your R basic night club step on count 1 and now facing the back wall (6:00) © © ©	(6:00)

**Tag** – (16 counts consisting of 2 X 8 which are identical. The tag happens three times, facing 9:00, 9:00 and 3:00). To make the tag happen facing the side wall turn  $1\frac{1}{2}$  R on counts 8&1 of the main dance walking fwd R on count 1... To start the main dance again add  $\frac{1}{4}$  L stepping into your R basic. I hope this makes sense!...

Counts	Footwork	End facing
1 – 8	3 walks fwd R L R, step turn turn with sweep, R back rock, step ½ turn L	·····
1 – 3	Do your ¼ R walking R fwd (1), walk L diagonally fwd R (2), walk R diagonally fwd L (3)	9:00
4&5	Step fwd L (4), turn ½ R stepping R fwd (&), turn ½ R stepping L back L sweeping R to R side (5)	9:00
6 – 7	Rock back on R (6), recover fwd on L (7)	9:00
8&	Step fwd on R (8), turn ½ L stepping fwd on L (&)	3:00
9 – 16	3 walks fwd R L R, step turn turn with sweep, R back rock, step ½ turn L (+ ¼ L)	
1 – 3	Walk R diagonally fwd L (1), walk L diagonally fwd R (2), walk R diagonally fwd L (3)	3:00
4&5	Step fwd L (4), turn ½ R stepping R fwd (&), turn ½ R stepping L back L sweeping R to R side (5)	3:00
6 – 7	Rock back on R (6), recover fwd on L (7)	3:00
8& (1)	Step fwd on R (8), turn ½ L stepping fwd on L (&) To begin main dance again turn ¼ L and do your basic night club step to the R facing the back wall	9:00 (6:00)

