ON MY KNEES

Choreographed by Jacob Ballard 32 count/4 wall/ Intermediate line dance Music: "Only You" by Ellie Goulding

Begin dance when main beat comes in on the words "only vou"

WALK, ROCK AND 1/2, 1/4, BACK ROCK, SIDE ROCK, WEAVE

1-2 step right forward, step left forward

3&4 rock forward onto right, recover, turn ½ right stepping forward onto right 5 turn ¼ right stepping left to side

6&7& back cross rock right behind left, recover, rock right to side, recover 8&1 cross right over left, step left to side, cross right behind left

1/4 FORWARD, STEP, 1/2, 1/4, CROSS, 1/4 ROCK, 1/8, CROSS, 1/4, BACK

2 turn ¼ left stepping forward onto left

3&4 step forward onto right, pivot ½ left, turn ¼ left stepping right to side 5-6-7 cross left over right, turn ¼ right rocking forward onto right, recover &8 turn 1/8 right stepping right to side (1:30), cross left over right &1 turn ¼ left stepping back on right (11:30), step left back

BACK, 1/4 WALK, 1/2, COASTER STEP, CROSS

2-3-4 step right back, turn ¼ left stepping forward onto left (7:30), step right forward 5 turn ½ right stepping back on left (1:30)

6&7-8 right coaster step: step right back, step left together, step right forward, cross left over right

SIDE ROCK WITH ¼, TRIPLE FULL TURN, CROSS WITH 1/8, BACK, COASTER STEP

1-2 rock right to side, recover to left making \(\frac{1}{4} \) turn left (11:30)

3&4 turn ½ left stepping back on right, turn ½ left stepping forward on left, step right forward

5-6 turn 1/8 left crossing left over right (9:00), step right back

7&8 left coaster step: step left back, step right together, step left forward

REPEAT

TAG

Happens at the end of walls 5 and 8

1&2& step right to side, step left to side, step right together, cross left over right 3-4 point right to side and look right, hold position and look forward