No Diggity Blues



Count: 32 Wall: 4 Level: Intermediate Choreographer: Darren Bailey (Wales), Roy Verdonk (NL) Dec 2013

Music: No Diggity - Oli Brown (Album: Heads I Win, Tails You Lose)

Intro: 52 counts - (N.B. Clock notation is the direction you are facing)

Dorothy R, Syncopated Lock Steps L, Hitch R, Hiproll R, Hiproll L With 1/4 Turn R

1-2& Rf step diagonal forward, Lf lock behind Rf, Rf step diagonal forward
Lf step diagonal forward left, Rf lock behind Lf, Lf step diagonal forward

& Rf hitch right knee

Rf step to right and start Hiproll CCW
 Bump hip to left (weight remains on Rf)
 Take weight onto Lf and start Hiproll CW

8 Make 1/4 turn right bumping hip to right (weight remains on Lf) ((3.00)

Ball/Step, Forward R, 1/4 Turn L, Cross, 3/4 Turn R, Lunge Forward L, Recover R, 1/4 Turn R, Weave R, Hitch

R

&1 Rf step next to Lf, Lf step forward

2& Rf step forward, make 1/4 turn left finishing with weight on Lf (12.00)

3&4 Rf cross in front of Lf, make 1/4 turn right stepping Lf back (3.00), make 1/2 turn right stepping Rf

forward (9.00)

5 Make big step forward on Lf

6 Recover onto Rf

&7 Lf step back, make 1/4 turn right stepping Rf right (12.00)

& Lf cross in front of Rf

8 Rf hitch knee

Cross, Side L, Syncopated Sailor R, Step Forward L, Sweep R From Back To Front, Cross, 1/4 Turn R, Side R, Cross With Releve 1/2 turn L

1-2 Rf cross in front of Lf, Lf step left

&3& Rf cross behind Lf, Lf step left, Rf step diagonal forward right

4-5 Lf step forward , start sweeping Rf from back to front

6& Rf cross in front of Lf , Lf step back

7& Make 1/4 turn right stepping Rf right, Lf cross in front of Rf (3.00)

8 Whilst stepping Rf to right Make 1/2 turn left on ball of Rf lifting your left straight leg from the floor

(9.00)

Step L To L, Hold, Touch R Forward, Hip Bump R, L Rock L, Recover R, Tripple Full Turn L

1-2 Lf step to left, hold

3-4 Rf touch toes forward whilst bumping hip forward, take weight onto Rf

5-6 Lf rock to left, recover onto Rf

7&8 Make tripple full turn left (L,R,L) (9.00)

This dance was choreographed for Berth Ek for his 10 years party at AdventsSparken!

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