My Girl Sally



Count: 32 Wall: 4 Level: Beginner

Choreographer: Audrey Watson (Scotland)

Music: Sea Salt Sally by Rick Guard. Album: Stop it & Dance

Intro 32 Counts - start on vocals -164 Bpm Potential floor split with Kate Sala's - Sea Salt Sally

FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH.

1-2	Step fwd on right, touch left next right.
3-4	Step back on left, touch right next left.
5-6	Step back on right, touch left next right.
7-8	Step fwd on left, touch right next left.

ROCK, ROCK, ROCK, HOLD X 2.

1-2	Rock fwd on right, recover back on left.
3-4	Rock fwd on right, hold for a beat.
5-6	Rock fwd on left, recover back on right.
7-8	Rock fwd on left, hold for a beat.

SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD.

1-2	Step right to right side, hold for a beat.
3-4	Cross left over right, hold for a beat.
5-6	Step right to right side, close left next right.
7-8	Step right to right side, hold for a beat.

CROSS ROCK, 1/4 TURN, HOLD, RUN, RUN, RUN, RUN.

1-2	Cross rock left over right, recover back on right.
3-4	Turn 1/4 left stepping fwd on left, hold for a beat.

5-6 Small running step fwd on right, small running step fwd on left.7-8 Small running step fwd on right, small running step fwd on left.

START AGAIN & ENJOY