

# Knockin' On Wood

**Count:** 64      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Daniel Whittaker & Karl-Harry Winson (UK) Sept 2013  
**Music:** "Knock On Wood" by Safri Duo. Album: "Greatest Hits" [04.12]

**Intro: 64 Count Intro.....**

**(as there is a long intro to this track, wait 64 counts before you start the dance.  
You will be dancing wall 1 during the instrumental, the lyrics will kick in on Wall 2)**

**S1: Right Diagonal Step Lock. & Heel-Hold. Ball-Cross. Side Step. Sailor 1/4 Cross.**

1 – 2      Step Right foot to Right diagonal. Lock Left behind Right.  
&3-4      Step Right to Right diagonal. Dig Left heel towards Left Diagonal. Hold  
&5-6      Step Left foot beside Right. Cross step Right over Left. Step Left to Left side.  
7&8      Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Cross step Right over Left.

**S2: Left Diagonal Step Lock. & Heel-Hold. Ball Cross. 1/4 Turn Left. Triple 1/2 Turn Left.**

1 – 2      Step Left foot to Left diagonal. Lock Right behind Left.  
&3-4      Step Left foot to Left diagonal. Dig Right heel towards Right diagonal. Hold.  
&5-6      Step Right foot beside Left. Cross step Left over Right. Make 1/4 Turn Left stepping back on Right.  
7&8      Make 1 triple 1/2 Turn Left stepping: Left, Right, Left.

**S3: Syncopated Jumps Forward and Back (with Claps). Toe Switches X3. Hitch-Cross.**

&1-2      Jump forward Stepping forward out on the Right. Stepping forward and out on the Left. Hold/Clap Hands.  
&3-4      Jump back Stepping back and out on the Right. Stepping back and out on the Left. Hold/Clap Hands.  
5&6      Point Right toe out to Right side. Step Right beside Left. Point Left toe out to Left side.  
&7      Step Left foot in beside Right. Point Right toe to Right side.  
&8      Hitch Right knee up. Cross step Right over Left.

**S4: Back Step. Side Step. Left Cross Shuffle. Rolling Vine Right. Point.**

1 – 2      Step back on Left. Step Right to Right side.  
3&4      Cross Left over Right. Step Right to Right side. Cross step Left over Right.  
5 – 7      Make 1/4 Right stepping Right forward. Make 1/2 Right stepping Left back. Make 1/4 Right stepping Right to Right side.  
8      Point Left toe out to Left side and point both arms up towards the Left diagonal. Look in the same direction as you do this.

**S5: 1/4 Turn Left. 1/4 Turn Grapevine Right. Cross Rock. Shuffle 1/4 Turn.**

1 – 2      Make 1/4 Turn Left putting the weight forward on the Left. Make 1/4 Turn Left stepping Right to Right side.  
3 – 4      Cross step Left behind Right. Step Right to Right side.  
5 – 6      Cross rock Left over Right. Recover weight on Right.  
7&8      Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.

**S6: Turning Toe Touches/Toe Struts X3. Back Rock.**

1 – 2      Make 1/4 Turn Left pointing Right toe to Right side. Put the weight onto the Right/Drop the heel as you make 1/4 Turn Left. (Click Both hands up at shoulder level as you do this on count 2).  
3 – 4      Touch Left toe back. Make 1/4 Turn Left putting weight onto the Left/Drop the heel. (Click both hands down at waist level as you do this on count 4).  
5 – 6      Make 1/2 Turn Left Pointing Right toe out to Right side. Put weight onto the Right/Drop the heel. (Click both hands up at shoulder level as you do this on count 6).  
7 – 8      Rock back on Left. Recover weight forward on Right.

**S7: Left Kick Ball-Cross. Side-Drag/Touch. Right Kick Ball-Cross. Side-Drag/Touch.**

1&2      Kick Left foot to Left diagonal. Step Left beside Right. Cross step Right over Left.  
3 – 4      Step big step with Left foot to Left side. Drag Right foot towards Left and touch beside Left.  
**\*Restart Here on Wall 3 facing 6.00.**  
5&6      Kick Right foot towards Right diagonal. Step Right beside Left. Cross step Left over Right.  
7 – 8      Step big step with Right foot to Right side. Drag Left foot towards Right and touch beside Right.

**S8: Back Rock. Step Pivot 1/2 Turn. Left Shuffle 1/2 Turn. Back Rock.**

1 – 2      Rock back on Left. Recover weight forward on Right.  
3 – 4      Step forward on Left. Pivot 1/2 Turn Right.  
5&6      Shuffle 1/2 Turn Right stepping: Left, Right, Left.  
7 – 8      Rock back on Right. Recover weight forward on Left.

**Tag 1: Happens at the end of Wall 2 facing 12.00 & End of Wall 5 facing 6.00**

**Right Jazz Box. Jazz Jump Forward. Hold. Hips Bumps Right and Left.**

1 – 4      Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.  
&5-6      Step forward and out on Right. Step forward and out on Left. Hold.  
7 – 8      Bump Hips Right. Bump Hips Left.

**Tag 2: Happens end of Wall 4 facing 12.00.**

**Right Jazz Box.**

1 – 4      Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.