#### Count: 32 Wall: 4 Level: intermediate Choreographer: Joanne Brady, Jamie Marshall & Jo Thompson Music: Dance With Me by Debelah Morgan

The dance works best if you start after 8 counts on the word "dance". If not, you can wait 40 counts and then start. The song is not perfectly phrased, but the syncopated sailors will go with words "and dance the night away" almost every time. This song is based on the classic melody "Hernando's Hideaway", thus the name of the dance.

### WALK FORWARD LEFT, RIGHT, LEFT, TRIPLE, ROCK, RECOVER, BACK LOCK TRIPLE

1-3 Step forward with left, step forward with right, step forward with left
On counts 1-3 you can step slightly across on each step with a swivel walk action
4&5 Step forward with right, step together with left foot, step forward with right
6-7 Rock forward with left, replace weight back to right foot
8&1 Step back with left, lock step right across front of left, step back with left

# 1/4 TURN RIGHT, SIDE ROCK RIGHT, LEFT, ROCK AND DRAG, BALL CHANGE

2-3 Turn <sup>1</sup>/<sub>4</sub> right on left foot, rock right foot to right side with body sway, rock left foot to left side with body sway (feet are now apart)

4& Shift weight to right foot with small body sway, shift weight to left foot with small body sway
5-6 Pushing off left foot, take a big step to right side with right foot, drag left foot in to right foot
&7 Rock back with ball of left foot, replace weight forward to right foot and slightly across front of left

### SIDE CHA, CROSS ROCK, SIDE CHA, CROSS ROCK

8&1	Step left foot to left side, step together with right, step left foot to left side
2-3	Rock right foot across in front of left, replace weight back to left foot
4&5	Step right foot to right side, step together with left foot, step right foot to right side
6-7	Rock left foot across in front of right, replace weight back to right foot

# SIDE CHA, HOLD, 2 SYNCOPATED SAILORS, ROCK, RECOVER, 1/2 TURN RIGHT

Step left foot to left side, step together with right, step left foot to left side Hold
Step right foot crossed behind left, step left foot to left side, step right foot centered under
Step left foot crossed behind right, step right foot to right side, step left foot centered
Rock forward with right foot, replace weight back to left foot turning 1/2 right
Step forward with right

REPEAT