

# Alena

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Raymond Sarlemijn (NL) , Roy Verdonk (NL) June 2017

Music: Alena by Claydee



**Tag : 4 counts after wall 8 (facing 12.00)**

**Step Forward R, 1/4 Turn R, Side L, Sailor R With 1/4 Turn R, Step Forward L, 1/4 Turn L, Side R, Sailor L With 1/2 Turn L**

1-2 Rf step forward, make 1/4 turn right stepping Lf left (3.00)  
3&4 Rf cross behind Lf making 1/4 turn right (6.00), Lf step slightly side (&), Rf step forward  
5-6 Lf step forward, make 1/4 turn left stepping Rf right (3.00)  
7&8 Lf cross behind Rf making 1/2 turn left (9.00), Rf step slightly side (&), Lf cross in front of Rf

**Side R With Touch Behind, Hold, Samba Basic L/R, Extended Cross Shuffle With 3/4 Turn L**

&1-2 Rf step right (&), Lf touch behind Rf while looking right, hold (optional a pose)  
3&4 Lf step left, Rf cross rock behind Lf (&), recover onto Lf  
5&6 Rf step right, Lf cross rock behind Rf (&), recover onto Rf  
7&8 make 1/4 turn left stepping Lf forward(6.00), step behind on ball of Rf(&), make 1/4 left stepping Lf forward(3.00)  
&1 step behind on ball of Lf(&), make 1/4 turn left crossing Rf in front Lf (12.00)

**Touch Side, Touch Together, Side R, Weave With Sweep, 1/2 Diamond**

2&3 Rf touch right, Rf touch next to Lf(&), Rf step right  
4&5 Lf cross behind Rf, Rf step right(&), Lf cross in front of Rf sweeping Rf from back to front  
6&7 Rf cross in front of Lf , Lf step left(&), make 1/8 turn right stepping back on Rf (1.30)  
8&1 Lf step back, make 1/8 turn right stepping Rf right(&) (3.00), make 1/4 turn right stepping Lf forward(6.00)

**Out/Out, Shuffle R With 1/4 Turn R, Syncopated 1/2 Turn R, Forward R, Step Together**

2-3 Rf step out, Lf step out  
4&5 Rf step right, Lf step together(&), make 1/4 turn right stepping Rf forward(9.00)  
6&7 Lf step forward, make 1/2 turn right stepping Rf forward(&) (3.00), Lf step forward  
8& Rf step forward, Lf step together (&)

**Tag : after wall 8 a 4 count tag appears**

1-2-3-4 Rf touch toes forward and tap heel 4X

**(N.B. as you tap your heel you can have different optional arm movements, please check videos for different styles)**