You're not the boss of me!!!

Choreographers:

Simon Ward (<u>bellychops@hotmail.com</u>) Niels Poulsen (<u>niels@love-to-dance.dk</u>)

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Type of dance: 1 wall ABC dance. A is 16 counts, B is 20 counts, C is 32 counts.

Rhythm of dance: Rolling counts, i.e. 1, 2&a3, etc.

Music: You don't own me by Grace feat. G-Easy. Track length: 3:19. Buy on iTunes, etc.

Intro: 16 count intro (app. 15 secs. into track). Start with weight on L foot

Phrasing: A, B, C (16), B, C (16), A, A (* Note), C, C.

A section – 16 counts (you do it 3 times)

Counts	Footwork	End facing
1 – 8	L full turn kick, L & R rocks, ¼ R, cross, lean R, jazz ½ L, fwd R with kick, coaster cross	
1	Turn ½ L stepping back on R continuing to spin ½ L on R and lifting L leg in the air (1)	12:00
2&a3	Rock fwd on L (2), recover back on R (&), step fwd on L (a), rock fwd on R (3)	12:00
4&a5	Recover L back (4), turn ¼ R stepping R to R side (&), cross L over R (a), lean R to R side (5)	3:00
6&a7	Cross L over R (6), turn ¼ L stepping back on R (&), turn ¼ L stepping step L fwd (a), step R fwd kicking L fwd at the same time (7)	9:00
8&a	Step back on L (8), step R slightly to R side (&), cross L over R (a)	9:00
9 – 16	Side R with shoulder pops, twinkle ¼ L, fwd drag, L basic, back R/look, body sways, pivot ½ L, run R L	
1a	Step R to R side popping L shoulder up and R down (1), pop L shoulder down and R up lifting L leg out to L side (a)	9:00
2&a3	Cross L over R (2), step R to R side (&), turn ¼ L stepping L fwd (a), step R fwd dragging L next to R (3)	6:00
4&a5a	Step L fwd (4), step R next to L (&), change weight to L (a), step R back (5), look over R shoulder (a)	6:00
6&a7	Recover onto L swaying body fwd (6), sway body back (&), sway body fwd (a), step R fwd (7)	6:00
8&a	Turn ½ L stepping onto L (8), run R fwd (&), run L fwd (a)	12:00
* NOTE	The 3 rd time you do A you change counts 8&a in the 2 nd section to 8a doing a ball step fwd on L R. This way you can start C correctly on L foot	12:00

B section – 20 counts (you do it twice)

1 – 8	R fwd, 3/8 L, walk R fwd, touch with hips/snaps, repeat with L, R twinkle, L twinkle ¼ L	
1 – 2	Step fwd on R (1), turn 3/8 L fwd on L (2)	7:30
3 – 4	Walk R fwd (3), touch L next to R doing a L hip bump upwards and snapping fingers at shoulder height (4)	7:30
5 – 6	Walk L fwd (5), touch R next to L doing a R hip bump upwards and snapping fingers at shoulder height (6)	7:30
7&a	Cross R over L (7), step L to L side (&), step R to R side (a)	7:30
8&a	Cross L over R (8), step R to R side (&), turn ¼ L stepping L slightly fwd (a)	4:30
9 – 16	R fwd, touch with hips/snaps, repeat with L, R twinkle, L twinkle 3/8 L, walk R L fwd	
1 – 2	Walk R fwd (1), touch L next to R doing a L hip bump upwards and snapping fingers at shoulder height (2)	4:30
3 – 4	Walk L fwd (3), touch R next to L doing a R hip bump upwards and snapping fingers at shoulder height (4)	4:30
5&a	Cross R over L (5), step L to L side (&), step R to R side (a)	4:30
6&a	Cross L over R (6), turn 1/8 L stepping R to R side (&), turn 1/4 L stepping L slightly fwd (a)	12:00
7 – 8a	Walk R fwd (7), walk L fwd (8), step R next to L (a)	12:00
17 – 20	Full turn diamond box L (consists of 4 turning basic waltz steps)	
1&a	Turn 1/8 L stepping L fwd (1), step R next to L (&), change weight to L (a)	10:30
2&a	Turn ¼ L stepping back on R (2), step L next to R (&), change weight to R (a)	7:30
3&a	Turn ¼ L stepping L fwd (1), step R next to L (&), change weight to L (a)	4:30
4&a	Turn ¼ L stepping back on R (4), step L next to R (&), turn 1/8 L changing weight to R (a)	12:00

C section – 32 counts (you do it 4 times, the first 2 times only the first 16 counts though)

2&a Cross R over L (2), step L to L side (&), cross R behind L (a) 3 - 5 Rock L to L side (3), recover to R turning ¼ R and hitching L knee slightly (4), step L fwd sweeping R fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8 Rock L to L side (7), recover to R turning ¼ R and hitching L knee slightly (8) 9 - 16 Basic ½ L X 2, L rock fwd, ½ L sweep, weave, ½ L into L fwd rock, step together 1&a Step fwd on L (1), turn ½ L stepping R to R side (&), turn ½ L stepping L next to R (a) 1 2&a Step back on R (2), turn ½ L stepping L to L side (&), turn ½ L stepping R next to L (a) 3 - 5 Rock fwd on L (3), recover back on R (4), recover fwd to L turning ½ L with a R sweep fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8a Turn ½ L rocking fwd on L (7), recover back on R (8), step L next to R (a) * restarts here 17 - 24 ¼ R with L hitch, L & R twinkles, walk around ½ R, R twinkle ½ R, L twinkle 1/8 L 1 Step fwd on R turning ½ R on R and hitching L knee at the same time (1) 2&a Cross L over R (2), step R to R side (&), step L to L side (a) 3&a Cross R over L (3), step L to L side (&), step R to R side (a) 4 - 6 for counts 5-6: spread arms out to hit the words: I'm FREE @ for counts 5-6: spread arms out to hit the words: I'm FREE @ for counts 5-6: spread arms out to hit the words: I'm FREE @ for counts 5-6: spread arms out to hit the words: I'm FREE @ 1 Step fwd on R (1) 28-32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 28-33 Rock Brwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 1 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 48-83 Rock back on R (7), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 80 Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	1 – 8	Fwd L with R sweep, weave, L side rock, ¼ hitch, repeat these first 4 counts	
Rock L to L side (3), recover to R turning ¼ R and hitching L knee slightly (4), step L fwd sweeping R fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8 Rock L to L side (7), recover to R turning ¼ R and hitching L knee slightly (8) 9 - 16 Basic ½ L X 2, L rock fwd, ¼ L sweep, weave, ¼ L into L fwd rock, step together 1&a Step fwd on L (1), turn ¼ L stepping R to R side (&), turn ¼ L stepping L next to R (a) 1 Step back on R (2), turn ¼ L stepping L to L side (&), turn ¼ L stepping R next to L (a) 3 - 5 Rock fwd on L (3), recover back on R (4), recover fwd to L turning ¼ L with a R sweep fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8a Turn ¼ L rocking fwd on L (7), recover back on R (8), step L next to R (a) * restarts here 17 - 24 ¼ R with L hitch, L & R twinkles, walk around ½ R, R twinkle ¼ R, L twinkle 1/8 L 1 Step fwd on R turning ¼ R on R and hitching L knee at the same time (1) 2&a Cross L over R (2), step R to R side (&), step L to L side (a) 3&a Cross R over L (3), step L to L side (&), step R to R side (a) 4 - 6 Turn 1/8 R walking L fwd (4), turn ¼ R walking R fwd (5), turn 1/8 R walking L fwd (6) Styling for counts 5-6: spread arms out to hit the words: I'm FREE ② 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 25 - 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 28a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 48a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	1		12:00
sweeping R fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8 Rock L to L side (7), recover to R turning ¼ R and hitching L knee slightly (8) 9 - 16 Basic ½ L X 2, L rock fwd, ¼ L sweep, weave, ¼ L into L fwd rock, step together 1&a Step fwd on L (1), turn ¼ L stepping R to R side (&), turn ¼ L stepping L next to R (a) 2&a Step back on R (2), turn ½ L stepping L to L side (&), turn ¼ L stepping R next to L (a) 3 - 5 Rock fwd on L (3), recover back on R (4), recover fwd to L turning ¼ L with a R sweep fwd (5) 6&a Cross R over L (6), step L to L side (&), cross R behind L (a) 7 - 8a Turn ¼ L rocking fwd on L (7), recover back on R (8), step L next to R (a) * restarts here 1 17 - 24 ¼ R with L hitch, L & R twinkles, walk around ½ R, R twinkle ¼ R, L twinkle 1/8 L 1 Step fwd on R turning ¼ R on R and hitching L knee at the same time (1) 2&a Cross L over R (2), step R to R side (&), step L to L side (a) 3&a Cross R over L (3), step L to L side (&), step R to R side (a) 4 - 6 Turn 1/8 R walking L fwd (4), turn ¼ R walking R fwd (5), turn 1/8 R walking L fwd (6) Styling for counts 5-6: spread arms out to hit the words: 1/m FREE © 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 25 - 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 28a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (6) 1 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8 Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	2&a	Cross R over L (2), step L to L side (&), cross R behind L (a)	12:00
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2&a Cross L over R (2), step R to R side (&), step L to L side (a) 3&a Cross R over L (3), step L to L side (&), step R to R side (a) 4 - 6 Turn 1/8 R walking L fwd (4), turn ¼ R walking R fwd (5), turn 1/8 R walking L fwd (6) Styling for counts 5-6: spread arms out to hit the words: I'm FREE © 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 8&a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a) 1 25 - 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	17 – 24	1/4 R with L hitch, L & R twinkles, walk around 1/2 R, R twinkle 1/4 R, L twinkle 1/8 L	
3&a Cross R over L (3), step L to L side (&), step R to R side (a) 4 - 6 Turn 1/8 R walking L fwd (4), turn ½ R walking R fwd (5), turn 1/8 R walking L fwd (6) Styling for counts 5-6: spread arms out to hit the words: I'm FREE © 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 8&a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a) 1 25 - 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	1	Step fwd on R turning 1/4 R on R and hitching L knee at the same time (1)	3:00
Turn 1/8 R walking L fwd (4), turn ½ R walking R fwd (5), turn 1/8 R walking L fwd (6) Styling for counts 5-6: spread arms out to hit the words: I'm FREE © 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 8&a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a) 1 25 – 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 – 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 – 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	2&a	Cross L over R (2), step R to R side (&), step L to L side (a)	3:00
for counts 5-6: spread arms out to hit the words: I'm FREE © 7&a Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a) 8&a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a) 25 – 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 – 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 – 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	3&a		3:00
8&a Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a) 25 – 32 Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L 1 Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 – 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 – 83 Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	4 – 6		9:00
Fwd R, ½ L, run R L, fwd R, ½ L, run R L, R rock fwd, recover sweep 1/8 R, R back rock, full turn L Step fwd on R (1) Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	7&a	Turn ¼ R crossing R over L (7), step L to L side (&), step R to R side (a)	12:00
full turn L Step fwd on R (1) 2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	8&a	Cross L over R (8), step R to R side (&), turn 1/8 L stepping L to L side (a)	10:30
2&a3 Turn ½ L stepping L fwd (2), run R fwd (&), run L fwd (a), step R fwd (3) 4&a Turn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a) 5 - 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 7 - 8a Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning	25 – 32		
4&aTurn ½ L stepping L fwd (4), run R fwd (&), run L fwd (a)15 - 6Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6)17 - 83Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning1	1		10:30
5 – 6 Rock R fwd (5), recover back on L turning 1/8 R and sweeping R to R side (6) 1 7 – 83 Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning			4:30
Rock back on R (7), recover fwd on L (8), turn ½ L stepping back on R and keep spinning			10:30
	5 – 6		12:00
another /2 L on ix (a)	7 – 8a	Rock back on R (7), recover fwd on L (8), turn $\frac{1}{2}$ L stepping back on R and keep spinning another $\frac{1}{2}$ L on R (a)	12:00

ENJOY! ☺