

# YMCA [revised :Nov.,2012]

Choreographed by Winnie Yu (Dancepooh) Canada Feb., 2004

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136 Phrased Beginner Line Dance

Music: YMCA by The Village People

**Starting Position: Stand with 2 feet shoulder apart a ¼ left (facing 9 o'clock)**

**Right hand straight out to the right side with index finger pointing in & out, clap hands, jump ½ turn R**

1-7 Right hand straight out to the right side with index finger pointing in and out (keep arm straight at shoulder level)

(Option: Bounce right feet along with music)

&8 (&) Clap hands, (8) clap hands and jump ½ turn right facing 3 o'clock (both feet shoulder apart)

**Repeat Count 1-8 with left hand, jump ½ turn left**

9-15 Repeat count 1-7 with left hand

&16 Clap hands, clap hands and jump ½ turn left facing 9 o'clock (both feet shoulder apart)

**Repeat Count 1-7, clap hands, jump ¼ turn right**

17-23 Repeat count 1-7 with right hand

&24 Clap hands, clap hands and jump ¼ turn right facing 12 o'clock

**Right hand straight up, hold, left hand straight up, hold, right hand touch left side waist, left hand touch right side wrist, right hand straight down, left hand straight down**

25-28 Right hand straight up, hold, left hand straight up, hold

29,30 Right hand move to left waist, left hand move to right waist

31,32 Right arm move down to right hip, left hand move down to left hip

**Repeat Count 1-30 (Note: Start from the STARTING POINT)**

33-64 Repeat count 1-32

**½ turn left with right foot stomping 5x, step ½ right, hold both arms across at chest level, hold**

65-69 Making ½ turn left by stomping right foot 5 times facing 6 o'clock

70 Making ½ turn right step on right foot facing 12 o'clock

71,72 hold both arms across at chest level, hold

**Making a Y, M, C, A sign with both hands, right hand with index finger point down(3X)**

73,74 Making a "Y" sign with R & L hands, hold

75 Making a "M" sign with R & L hands

76 Making a "C" sign with R & L hands

77 Making a "A" sign with R & L hands

78-80 Right hand with index finger point down 3 times

with look down to the right side and bounce right foot 3 times at the same time)

*Option: Rolling hands 3 counts*

**Repeat Count 73-80**

81-88 Repeat count 69-76

**Walk forward, left foot kick, walk backward, right foot touch**

89-92 Walk forward-R, L, R, kick left foot to the front

93-96 Walk backward—L, R, L, touch right foot to the right

**Side, together, side, touch (right), side, together, side, touch (left) , clap hands**

97-100 Step right to right side, step left next to right, step right to right side, touch left next to right ,  
clap hands *Option: Triple steps full turn right (rolling vine), clap hands*

100-104 Step left to left side, step right next to left, step left to left side, touch right next to left , clap hands  
*Option: Triple steps full turn left (rolling vine), clap hands*

**Repeat Count 73 to 104**

105-136 Repeat count 73-104

**\*\*Start again (from the Starting Point) and have fun\*\***