

UP

Choreographed by Alison & Peter, TheDanceFactoryUK – November 2014

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2 wall – 64 count Intermediate line dance with tags

Music: Up – Olly Murs (featuring Demi Lovato) – start after 16 count intro – approx. 9 secs into song – 3mins 40secs – 115bpm

Music available www.amazon.co.uk



1-8 R fwd, L & R sailor steps travelling forward, L fwd rock/recover, ½ L & L fwd

- 1 Step R forward on slight right diagonal
- 2&3 Cross step L behind R, step R side, step L forward on **slight** left diagonal
- 4&5 Cross step R behind L, step L side, step R forward on **slight** right diagonal
- 6-8 Rock L forward, recover weight on R, turning ½ left step L forward (*6 o'clock*)

9-16 ½ L & R back, L back, R coaster step, L fwd, R heel-together-touch, L heel-together

- 1-2 Turning ½ left step R back, step L back (*12 o'clock*)
- 3&4 Step R back, step L together, step R forward
- 5 Step L forward
- 6&7 Touch R heel forward, step R together, touch L together
- 8& Touch L heel forward, step L together

17-24 R touch, R kick, R together, L & R toe switches, R sailor step, L behind-side-cross

- 1-2 Touch R together, kick R forward
- 3&4 Step R together, touch L to left side, step L together, touch R to right side
- 5&6 Cross step R behind R, step L side, step R side
- 7&8 Cross step L behind R, step R side, cross step L over R

25-32 R side, hold, L ball step 2x, L cross rock/recover, ¼ L shuffle

- 1-2 Step R side, hold
- 3&4 Step L together, step R side, step L together, step R side
- 5-6 Cross rock L over R, recover weight on R
- 7&8 Turning ¼ left step L forward, step R together, step L forward (*9 o'clock*)

33-40 L full turn fwd, R fwd shuffle, L fwd rock/recover, L ball step, ¼ L pivot turn

- 1-2 Turning ½ left step R back, turning ½ left step L forward (*walk forward R/L*) (*9 o'clock*)
- 3&4 Step R forward, step L together, step R forward
- 5-6& Rock L forward, recover weight on R, step L next to R
- 7-8 Step R forward, pivot ¼ left (*6 o'clock*)

41-48 R jazz box ball cross side, ¼ L toaster step, L full turn fwd

- 1-2 Cross R over L, step L back
- 3&4 Step R side, cross L over R, step R side
- 5&6 Turning ¼ left step L back, step R together, step L forward
- 7-8 Turning ½ left step R back, turning ½ left step L forward (*walk forward R/L*) (*3 o'clock*)

49-56 R fwd, ¼ L pivot turn, R cross shuffle, ½ R hinge turn, L cross shuffle

- 1-2 Step R forward, pivot ¼ left (*12 o'clock*)
- 3&4 Cross step R over L, step L side, cross step R over L
- 5-6 Turning ¼ right step L back, turning ¼ right step R side (*6 o'clock*)
- 7&8 Cross step L over R, step R side, cross step L over R

57-64 R side rock/recover, R together, L side rock/recover, L fwd/side touches, L coaster step

- 1-2& Rock R side, recover weight on L, step R together
- 3-4 Rock L side, recover weight on R
- 5-6 Touch L toes forward, touch L toes side
- 7&8 Step L back, step R together, step L forward

TAG: End of Walls 1 & 3 (facing back wall): 8 counts: repeat counts 57-64 and restart the dance

TAG: End of Wall 2: 4 counts: R rocking chair, as you rock forward you can push both arms up and look "UP" (As they sing the word "UP") and then bring them back down on the back rock/recover

BIG ENDING: At end of wall 6: step R forward and bring arms up and look up. Ta Da!

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