

'The Light'

Choreographer Dee Musk (UK)

64 Count 2 Wall Intermediate Line Dance

Music:- 'The Light' by Adam Lambert – Album – 'The Original High' (Deluxe Version).

16 Count Intro. Approx 08 seconds - Track approx 3 mins 36 secs

Track available from [iTunes.co.uk](https://www.itunes.co.uk) deemusk@btinternet.com Dee – 07814 295470

Step Reverse 1/2 Turn, Coaster Step, Step Reverse 1/2 Turn, Sailor 1/4 Cross.

- 1,2 Step forward on R, make a reverse 1/2 turn R stepping back on L.
3&4 Step back on R, step L beside R, step forward on R.
5,6 Step forward on L, make a reverse 1/2 turn L stepping back on R.
7&8 Making a 1/4 turn L step L behind R step R to R side, cross L over R. (9 o'clock).

Hinge 1/2 Turn, Cross & Heel, Ball Cross Side, Behind & Heel.

- 1,2 Make a 1/4 turn L stepping back on R, make a 1/4 turn L stepping L to L side.
3&4 Cross R over L, step L to L side, extend R heel to R diagonal.
&5,6 Step R beside L, cross L over R, step R to R side.
7&8 Step L behind R, step R to R side, extend L heel to L diagonal. (3 o'clock).

Ball Cross Rock, Side Shuffle, Cross Rock, Shuffle 1/4 Turn.

- &1,2 Step L beside R, cross rock R over L, recover weight to L.
3&4 Step R to R side, close L beside R, step R to R side.
5,6 Cross rock L over R, recover weight to R.
7&8 Step L to L side, close R beside L, make a 1/4 turn L stepping forward on L. (12 o'clock).

Step 1/2 Turn, Shuffle Forward, Full Turn, Shuffle Forward.

- 1,2 Step forward on R, make a 1/2 turn L.
3&4 Shuffle forward stepping R, L, R.
5,6 Travelling forward make a full turn R stepping back on L, stepping forward on R.
(Alternative steps; walk forward L, R).
7&8 Shuffle forward stepping L, R, L. (6 o'clock).

Rock Recover, Back Touch, Back Touch, Out Out Ball Cross, Rock 1/4 Turn.

- 1,2 Rock forward on R, recover weight to L.
&3&4 Step back on R, touch L beside R, step back on L, touch R beside L.
&5&6 Step out R, Step out L, step R beside L, cross L over R.
7,8 Rock R to R side, recover making a 1/4 turn L. (3 o'clock).

Step 1/4 Point, & Point Ball Cross, Side Rock, Behind Side Cross.

- 1,2 Step forward on R, on ball of R make a 1/4 turn R pointing L toe to L side.
&3&4 Step L beside R, point R toe to R side, step R beside L, cross L over R.
5,6 Rock R to R side, recover weight to L.
7&8 Step R behind L, step L to L side, cross R over L. (6 o'clock).

Reverse Full Turn, Cross Side, Sailor Step.

- 1,2 Make a 1/4 turn R stepping back on L, make a 1/2 turn R stepping forward on R.
3,4 Step forward on L, make a 1/4 turn R (weight on R).
(Alternative steps; step L to L side, cross R behind L, rock L to L side, recover weight to R).
5,6 Cross L over R, step R to R side.
7&8 Cross step L behind R, step R to R side, step L to L side. (6 o'clock).

Cross Unwind, Kick Ball Change, Rock Step, Shuffle 1/2 Turn.

- 1,2 Cross step R behind L, unwind a 1/2 turn R (weight on R).
3&4 Kick L forward, step L beside R, step forward on R.
5,6 Rock forward on L, recover weight to R.
7&8 Make a 1/2 turn L shuffling forward L, R, L. (6 o'clock).

Begin Again ☺