Quicksand

Chor : Francien Sittrop (April 2015)

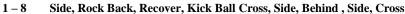
Level : Intermediate
Walls : 4 Wall Line dance

Counts : 64 Counts

Music : Quicksand – Caro Emerald

Intro : Start after 16 Counts from the beginning

Website : www.franciensittrop.nl



- 1-3 Step L to L side, Rock R back, Recover on L 4 & 5 Kick R fwd, Step R down, Step L across R
- 6 Step R to R side
- 7 & 8 Step L behind R, Step R to R side, Step L across R

9-16 Rock Back, Recover, Behind, 1/4 Turn L, Step fwd, Rock fwd, Recover, Coaster Cross

- 1-2 Rock R to R side, Recover on L
- 3 & 4 Step R behind L, ¹/₄ Turn L step L fwd, Step R fwd (09.00)
- 5-6 Rock L fwd, Recover on R
- 7 & 8 Step L back, Step R next to L, Step L across R

17-24 Side, Together, Side Shuffle, Cross Rock, Recover, Shuffle ¼ Turn L

- 1-2 Step R to R side, Step L next to R
- 3 & 4 Step R to R side, Step L next to R, Step R to R side
- 5 6 Rock L across R, Recover on R
- 7 & 8 L step L fwd, Step R next to L, 1/4 Turn Step L fwd (06.00)

25-32 Shuffle ½ Turn L x2, Rock fwd, Recover, Coaster Cross

- 1 & 2 ¹/₄ Turn L step R to R side, Step L next to R, ¹/₄ Turn L step R back
- 3 & 4 ¹/₄ Turn L step L to L side, Step R next to L, ¹/₄ Turn L step L fwd (06.00)
- 5 6 Rock R fwd, Recover on L
- 7 & 8 Step R back, Step L next to R, Step R across L

33-40 Back, Heel fwd, Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L

- & 1 Step L back, Touch R heel fwd
- 2 Hold (while you lean your body diagonally L back)
- &3-4 Step R next to L, Step L across R, Step R to R side
- 5 & 6 Sweep L behind R with ¼ Turn L, Step R next to L, Step L fwd (03.00)
- 7-8 Skate R fwd, Skate L fwd

41-48 Syncopated Jazz Box 1/4 Turn R, Behind, Side, Cross, 1/4 Turn R, Touch

- 1-2& Step R across L, ¹/₄ Turn R step L back, Step R next to L (06.00)
- 3-4 Step L across R, Step R to R side
- 5 & 6 Step L behind R, Step R to R side, Step L across R
- 7 8 ¹/₄ Turn R step R fwd, Touch L behind R (09.00) ****R****

49-56 Lock steps back x2, Full Turn L with 2 walks and Shuffle

- 1 & 2 Step L back, Lock R in front of L, Step L back
- 3 & 4 Step R back, Lock L in front of R, Step R back
- 5 6 ¹/₄ Turn L step L to L side, ¹/₄ Turn L step R fwd
- 7 & 8 1 4 Turn L step L to L side, Step R next to L , 1 4 Turn L step L fwd (09.00)

57-64 Rock fwd, Recover, Rock Side, Recover, Behind, Side, Cross, Touch, Flick

- 1-2 Rock R fwd, Recover on L
- 3 4 Rock R to R side, Recover on L
- 5 & 6 Step R behind L, Step L to L side, Step R across L
- 7 8 Touch L to L side, Flick L behind R

Restart:

During wall 2 & 4 after count 48 Start again with count 1

Tag: after wall 5

- 1-8 Side, Rock back, Recover x2, Touch, Flick
- 1 3 Step L to L side, Rock R back, Recover on L
- 4-6 Step R to R side, Rock L back, Recover on R
- 7 8 Touch L to L side, Flick L behind R

Ending:

Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).

