

Proud Woman!

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Type of dance: 32 counts, 4 wall Intermediate line dance with 1 nightclub tag.
 Music: **Woman** by Stine Bramsen. Track length: 2:49. Buy on iTunes, etc.
 Intro: 32 count intro from first beat in music (17 secs. into track). Start with weight on L foot
 1 Tag: Comes after wall 5, facing 9:00. Tag finishes facing 6:00 – *Tag description at bottom of page*
 Ending: You naturally end facing 12:00! Your last wall starts at 12:00 and finishes on count 15... To end in a proud female style you can choose to step R to R side leaning into your R hip giving it lots of girly attitude with hands on hips. OR strike a different strong female pose!... ☺ ☺ ☺

Counts	Footwork	End facing
1 – 8	R hitch & heel, ball step, swivel R L heels ¼ L, behind side cross shuffle, side, touch	
1&2	Hitch R knee (1), step back on R (&), touch L heel fwd (2)	12:00
3&4	Step L down (&), step R fwd (3), swivel L heel R turning 1/8 L (&), swivel R heel R turning 1/8 L (4) – <i>you've now turned ¼ L in total</i>	9:00
5&6	Cross L behind R (5), step R to R side (&), cross L over R (6)	9:00
7&8	Step R to R side (&), cross L over R (7), step R to R side (&), touch L behind R (8)	9:00
9 – 16	Push hip L, ¼ L with knee pop, L step lock step, step ½ L, R rock & point R back	
1 – 2	Rock L to L side pushing hip L (1), recover on R turning ¼ L and popping L knee fwd and popping L shoulder up and R shoulder down (2)	6:00
3&4	As shoulders return to neutral step L fwd (3), lock R behind L (&), step fwd on L (4)	6:00
5 – 6	Step R fwd (5), turn ½ L onto L (6) <i>Styling for count 5: cross arms in front of each other and snap fingers as arms continue up, out to side and down again ☺</i>	12:00
7&8	Rock R fwd (7), recover back on L (&), point R backwards (8)	12:00
17 – 24	Sit down on R (w. head move), recover, fwd & side rock, jazz ¼ L into chasse ¼ L fwd	
1 – 2	Step down on R sitting down in R hip (1), recover L fwd (2) <i>Styling for head roll: look down, then up, then over your R shoulder (1), roll head back to the front recovering onto L (2)</i>	12:00
3&4	Step R fwd (3), rock L to L side (&), recover on R (4)	12:00
5 – 6	Cross L over R (5), turn ¼ L stepping back on R (6)	9:00
7&8	Step L to L side (7), step R next to L (&), turn ¼ L stepping fwd on L (8)	6:00
25 – 32	R rocking chair, R kick & point, hip roll with L hip pop, hip roll ¼ R with R knee pop	
1&2&	Rock R fwd (1), recover back on L (&), rock back on R (2), recover fwd on L (&)	6:00
3&4	Kick R fwd (3), step R next to L (&), point L to L side (4)	6:00
5 – 6	Roll hips anti-clockwise in a circle (1), pop hip to the L (6)	6:00
7 – 8	Roll hips clockwise in a circle (7), turn ¼ R popping R knee fwd and snapping both fingers to the sides (8)	9:00

Tag (Comes once only, facing 9:00. It's literally 8 counts repeated plus 2 extra walks. Note that the beat in the tag is pretty difficult to hear. Listen to Stine's voice and dance after that... ☺)

1 – 8	Fwd sweep, weave, behind turn step, L full turn, step ¼ rock R, sway L R with looks	
1	Fwd on R sweeping L fwd (1)	9:00
2&3	Cross L over R (2), step R to R side (&), cross L behind R sweeping R to R side (3)	9:00
4&5	Cross R behind L (4), turn ¼ L stepping L fwd (&), step R fwd spinning a full turn L on R (5)	6:00
6&7	Step down on L (6), turn ¼ L rocking R to R side (&), recover to L looking to L side (7)	3:00
8&	Rock R to R side looking to R side (8), recover to L dragging R next to L (&)	3:00
9 – 18	Fwd sweep, weave, behind turn step, L full turn, step ¼ rock R, sway L R with looks, ¼ L walking R L	
1	Fwd on R sweeping L fwd (1)	3:00
2&3	Cross L over R (2), step R to R side (&), cross L behind R sweeping R to R side (3)	3:00
4&5	Cross R behind L (4), turn ¼ L stepping L fwd (&), step R fwd spinning a full turn L on R (5)	12:00
6&7	Step down on L (6), turn ¼ L rocking R to R side (&), recover to L looking to L side (7)	9:00
8&1 – 2	Rock R to R side looking to R side (8), turn ¼ L recovering on L (&), walk R fwd (1), walk L fwd (2)	6:00

GOOD LUCK and HAPPY DANCING