

Polka (Circle)

Unknown Choreographer

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16 counts Beginner Partner (Circle) Polka Dance

Music: Any Polka music

Video Link: <https://www.youtube.com/watch?v=1A7ZMSRWLJY>



Starting Position:

Shadow / Sweetheart (Ballroom) hold position, facing line of dance. Man is at L side of Lady, feel free more than two dancer linking arms for this dance!

Section 1: L Heel Fwd, Together, R Toe back twice, Heel Fwd, Together, L Heel, Hook

1-2 Touch left heel forward, step left besides right

3-4-5-6 Tap right toe back twice, touch right heel forward, step right besides left

7-8 Touch left heel forward, hook left over right foot

Section 2: Shuffle Fwd – L/R/L/R

1&2, 3&4 Shuffle forward - left and right

5&6, 7&8 Repeat count 1-4

Start Again