Oh So Beautiful!

By Niels Poulsen

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Type of dance: 36 counts, 4 walls, Intermediate nightclub

Music: You are so beautiful by Joe Cocker. Track length: 2.43. Buy on iTunes, etc.

Intro: 16 count intro (app. 16 secs. into track). Start with weight on L foot

1 restart: Happens on wall 2 (starts facing 9:00), after 28 counts. When you do your reverse rolling vine

the side rock on count 5 becomes your first step of wall 3. The restart happens towards 6:00

Counts	Footwork	End facing
1 – 9	Sway R L, R basic, fan ½ R, side R, cross over, side rock, cross, ¼ R, ½ R with sweep	
1 – 2	Step R to R side swaying body R (1), sway body L sliding R next to L (2)	12:00
3 – 4&5	Step R a big step to R side (3), step L behind R (4), cross R over L (&), step L to L side and then spin ½ R on L ending with R foot pointed fw (5)	6:00
6&7&	Step R to R side (6), cross L over R (&), rock R to R side (7), recover weight to L (&)	6:00
8&1	Cross R over L (8), turn ¼ R stepping back on L (&), turn ½ R stepping fw on R and sweeping L fwd (1)	3:00
10 – 17	R jazz box, L basic, side R, 1/8 L back L R, 1/8 L side L, 1/8 L fwd R L, rock R fwd	
2&	Cross L over R (2), step back on R (&)	3:00
3 – 4&	Step L a big step to L side (3), step R behind L (4), cross L over R (&)	3:00
5 - 6&7	Step R to R side (5), turn 1/8 L stepping back on L (6), step back on R (&), turn 1/8 L stepping L to L side (7)	12:00
8&1	Turn 1/8 L walking fw on R (8), walk fw on L (&), rock fw on R (1)	10:30
18 – 25	Back sweep R, back sweep L with 1/8 L, L back rock, basic L, side R, behind side cross	
2 – 3	Recover back on L sweeping R to R side (2), step back on R turning 1/8 L with a L sweep (3)	9:00
4&	Rock back on L (4), recover on R (&)	9:00
5 – 6&	Step L a big step to L side (5), step R behind L (6), cross L over R (&)	6:00
7 – 8&1	Step R to R side (7), cross L behind R (8), step R to R side (&), cross L over R (1)	9:00
26 – 33	Cross side rock, cross, reverse full turn L with R sway, ¼ L into run run rock, fw L with R hitch	
2&3	Cross R over L (2), rock L to L side (&), recover on R (3)	9:00
&4&5	Cross L over R (&), turn ¼ L stepping back on R (4), turn ½ L stepping fw on L (&) *, turn ¼ L rocking/swaying R to R side (5) * Restart here on wall 2, facing 6:00 (see note in header)	9:00
6&7	Turn ¼ L running fw L (6), run fw R (&), rock fw on L (7)	6:00
8 – 1	Recover back on R prepping upper-body slightly R (8), recover fwd on L hitching R knee (1)	6:00
34 – 36	Syncopated R jazz box ¼ R, syncopated weave	
2&3	Cross R over L (2), start turning ¼ R stepping L back (&), finish turn stepping R to R side (3)	9:00
&4&	Cross L over R (&), step R to R side (4), cross L behind R (&)	9:00
	Start again and remember to feel the music!	
Options	2 turny options for counts 34-36: you either do 1 full turn or 2 full turns. They both work well! 1 full turn: Syncopated R jazz box ½ R, fw L, ¾ spiral turn R	
2&3	Cross R over L (2), turn ¼ R stepping back on L (&), turn ¼ R stepping fwd on R (3)	12:00
&4&	Step L fw (&), turn ½ R on L foot (4), turn ¼ R completing the ¾ spiral turn ending with R foot hooked in front of L shin (&)	9:00
	2 full turns: Syncopated R jazz box ½ R, 1 ¾ R	
2&3	Cross R over L (2), turn ¼ R stepping back on L (&), turn ¼ R stepping fwd on R (3)	12:00
&4&	Turn ½ R stepping L back (&), turn ½ R stepping R fw (4), turn ½ R stepping L back (&) to begin again you turn another ¼ R into your sway on count 1 ©	9:00
Ending	You automatically finish towards 12:00 as you complete wall 4 facing 12:00. The music slows down on counts 34-36, so slow down these steps and step R to R side on count 1 of wall 5 (last beat in music) ©	12:00

