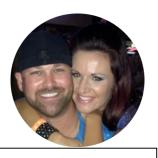


Mr Put It Down

Choreographed by Rachael McEnaney-White (UK/USA) and Trevor Thornton (USA) (June 2015)

 $\label{local_reconstruction} \begin{tabular}{lll} Rachael: $\underline{$www.dancewithrachael.com}$ & - $\underline{dancewithrachael@gmail.com}$ \\ \hline Trevor: $\underline{https://www.facebook.com/FasterSmootherDance}$ & - $\underline{trevort17@yahoo.com}$ \\ \hline \end{tabular}$



Description:

64 Counts, 2 Wall, High Intermediate/Advanced Level Line Dance

Music: Count In: "Mr Put It Down" Ricky Martin feat. Pitbull (single available on itunes and all major mp3 websites, approx 3.16mins) 18 counts from start of track (hard to count). Begin on the word "ALL" ("Now first of ALL") (count 5,6,7,8 as he does the

"wooooo") Approx 128bpm

Video: Here is a video link that shows us dancing it: https://www.youtube.com/watch?v=iBSrvdPyB4s

Section	Footwork	End Facing
1 - 8	Walk L-R, L shuffle, ½ turn L stepping back R sweeping L, L behind, R side, L slide	
1 2 3&4	Step forward L (1), step forward R (2), step forward L (3), step R next to L (&), step forward L (4)	12.00
5 6	Make ½ turn left stepping back on R as you sweep L backwards (5), cross L behind R (6)	6.00
7 8	Take big step to right on R (7), slide L towards R (weight on R) (8)	6.00
9 - 16	L ball, walk R-L, R side ball rock, R cross, ¾ turn R, ¼ turn R with L side-rock cross	
&12&3	Step ball of L next to R (&), step forward R (1), step forward L (2), rock ball of R to right side (&), recover weight to L (3)	6.00
456	Cross R over L (4), make ¼ turn right stepping back L (5), make ½ turn right stepping forward R (6)	3.00
	Make ¼ turn right as you rock L to left side (7), recover weight R (&), cross L over R (8) Arms option: Punch R arm out to right side (7), punch L arm out to left side (&), bring both arms in bending at elbows chest height (8)	6.00
17 - 24	R side, L side, ¼ turn R fwd R, ¼ turn R stepping side L, R sailor step, L behind-side-cross	
1234	Step R to right side (1), step L to left side (2), make ¼ turn right stepping forward R (3), make ¼ turn R stepping L to left side (4)	12.00
5&6 7&8	Cross R behind L (5), step L next to R (&), step R to right side (6), cross L behind R (7), step R to right side (&), cross L over R (8)	12.00
25 - 32	R side, L touch, ¼ turn side L, touch R, R heel fwd, L heel fwd, back R-L, Body roll back in place, L hitch	
1234	Take big step R (1), touch L next to R (2), make ¼ turn left stepping L to left side (3), touch R next to L (4)	9.00
5&6&	Step forward onto R heel on right diagonal (5), step forward onto L heel on left diagonal (&), step back R (6), step L next to R (&)	9.00
7 8	Body roll backwards (from head) in place (7), hitch L knee (8)	9.00
33 - 40	Close L, side switch point R&L, L ball, R cross, unwind ½ turn L, R jazz box with ¼ R into R chasse	
&1&2	Step L next to R (&), point R to right side (1), step R next to L (&), point L to left side (2),	9.00
& 3 4	Step in place on ball of L (&), cross R over L (3), unwind ½ turn left (weight ends L) (4)	3.00
567&8	Cross R over L (5), make ¼ turn R stepping back L (6), step R to right side (7), step L next to R (&), step R to right side (8)	6.00
41 - 48	Diagonal rocks x 3, big step back R, L back, hold or bodyroll, R close, L back, look back ½ turn L (prep)	
1234	Rock L forward on diagonal (7.30) (1), rock weight back to R (2), rock L forward (3), push off L and take big step back R (4)	7.30
5 6	Step back L (still facing diagonal) as you begin optional body roll (5), hold (or continue body roll) (6)	7.30
& 78	Step R next to L (&), step back L (7), weight remains L as upper body makes ½ turn L (option: snap fingers) (8) body prepped for turn	1.30
49 - 56	1/2 R (to return to 7.30), 1/4 R, R sailor making 1/8 turn R, heel switch L-R, R ball, L fwd, 1/2 pivot R	
12	Make ½ turn right returning weight to R (1), make ¼ turn right stepping L to left side (2),	10.30
3 & 4	Cross R behind L (3), step L next to R as you make 1/8 turn right (&), step forward R (4)	12.00
5&6&78	Touch L heel forward (5), step L next to R (&), touch R heel forward (6), step R next to L (&), step forward L (7), pivot ½ turn right (8)	6.00
57 - 64	¼ R with L touch & hip, ¼ R, ¼ R with R touch & hip, ¼ R, L mambo, R coaster step.	
12	Make ¼ turn right touching L toe to left side as you bump hip left (1), make ¼ turn right stepping slightly back L (2)	12.00
3 4	Make $\frac{1}{4}$ turn right touching R toe to right side as you bump hip right (3), make $\frac{1}{4}$ turn right stepping slightly forward R (4)	6.00
5&6 7&8	Rock forward L (5), recover weight R (&), step slightly back L (6), step back R (7), step L next to R (&), step forward R (8)	6.00