



Mr Put It Down

Choreographed by Rachael McEnaney-White (UK/USA) and Trevor Thornton (USA) (June 2015)

Rachael: www.dancewithrachael.com - dancewithrachael@gmail.com

Trevor: <https://www.facebook.com/FasterSmootherDance> - trevort17@yahoo.com



Description:	64 Counts, 2 Wall, High Intermediate/Advanced Level Line Dance
Music:	"Mr Put It Down" Ricky Martin feat. Pitbull (single available on itunes and all major mp3 websites, approx 3.16mins)
Count In:	18 counts from start of track (hard to count). Begin on the word "ALL" ("Now first of ALL") (count 5,6,7,8 as he does the "wooooo") <i>Approx 128bpm</i>
Video:	Here is a video link that shows us dancing it: https://www.youtube.com/watch?v=iBSrvdPyB4s

Section	Footwork	End Facing
1 - 8	Walk L-R, L shuffle, ½ turn L stepping back R sweeping L, L behind, R side, L slide	
1 2 3&4	Step forward L (1), step forward R (2), step forward L (3), step R next to L (&), step forward L (4)	12.00
5 6	Make ½ turn left stepping back on R as you sweep L backwards (5), cross L behind R (6)	6.00
7 8	Take big step to right on R (7), slide L towards R (weight on R) (8)	6.00
9 - 16	L ball, walk R-L, R side ball rock, R cross, ¾ turn R, ¼ turn R with L side-rock cross	
& 1 2 & 3	Step ball of L next to R (&), step forward R (1), step forward L (2), rock ball of R to right side (&), recover weight to L (3)	6.00
4 5 6	Cross R over L (4), make ¼ turn right stepping back L (5), make ½ turn right stepping forward R (6)	3.00
7 & 8	Make ¼ turn right as you rock L to left side (7), recover weight R (&), cross L over R (8) <i>Arms option: Punch R arm out to right side (7), punch L arm out to left side (&), bring both arms in bending at elbows chest height (8)</i>	6.00
17 - 24	R side, L side, ¼ turn R fwd R, ¼ turn R stepping side L, R sailor step, L behind-side-cross	
1 2 3 4	Step R to right side (1), step L to left side (2), make ¼ turn right stepping forward R (3), make ¼ turn R stepping L to left side (4)	12.00
5&6 7&8	Cross R behind L (5), step L next to R (&), step R to right side (6), cross L behind R (7), step R to right side (&), cross L over R (8)	12.00
25 - 32	R side, L touch, ¼ turn side L, touch R, R heel fwd, L heel fwd, back R-L, Body roll back in place, L hitch	
1 2 3 4	Take big step R (1), touch L next to R (2), make ¼ turn left stepping L to left side (3), touch R next to L (4)	9.00
5&6&&	Step forward onto R heel on right diagonal (5), step forward onto L heel on left diagonal (&), step back R (6), step L next to R (&)	9.00
7 8	Body roll backwards (from head) in place (7), hitch L knee (8)	9.00
33 - 40	Close L, side switch point R&L, L ball, R cross, unwind ½ turn L, R jazz box with ¼ R into R chasse	
& 1 & 2	Step L next to R (&), point R to right side (1), step R next to L (&), point L to left side (2),	9.00
& 3 4	Step in place on ball of L (&), cross R over L (3), unwind ½ turn left (weight ends L) (4)	3.00
5 6 7 & 8	Cross R over L (5), make ¼ turn R stepping back L (6), step R to right side (7), step L next to R (&), step R to right side (8)	6.00
41 - 48	Diagonal rocks x 3, big step back R, L back, hold or bodyroll, R close, L back, look back ½ turn L (prep)	
1 2 3 4	Rock L forward on diagonal (7.30) (1), rock weight back to R (2), rock L forward (3), push off L and take big step back R (4)	7.30
5 6	Step back L (<i>still facing diagonal</i>) as you begin optional body roll (5), hold (or continue body roll) (6)	7.30
& 7 8	Step R next to L (&), step back L (7), weight remains L as upper body makes ½ turn L (option: snap fingers) (8) <i>body prepped for turn</i>	1.30
49 - 56	½ R (to return to 7.30), ¼ R, R sailor making 1/8 turn R, heel switch L-R, R ball, L fwd, ½ pivot R	
1 2	Make ½ turn right returning weight to R (1), make ¼ turn right stepping L to left side (2),	10.30
3 & 4	Cross R behind L (3), step L next to R as you make 1/8 turn right (&), step forward R (4)	12.00
5&6&7&8	Touch L heel forward (5), step L next to R (&), touch R heel forward (6), step R next to L (&), step forward L (7), pivot ½ turn right (8)	6.00
57 - 64	¼ R with L touch & hip, ¼ R, ¼ R with R touch & hip, ¼ R, L mambo, R coaster step.	
1 2	Make ¼ turn right touching L toe to left side as you bump hip left (1), make ¼ turn right stepping slightly back L (2)	12.00
3 4	Make ¼ turn right touching R toe to right side as you bump hip right (3), make ¼ turn right stepping slightly forward R (4)	6.00
5&6 7&8	Rock forward L (5), recover weight R (&), step slightly back L (6), step back R (7), step L next to R (&), step forward R (8)	6.00

START AGAIN – HAVE FUN ☺