

Million Years Ago

Choreographed by **Julia Wetzel**

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Type of dance: 64 counts, 2 walls, Intermediate Line Dance
 Music: Million Years Ago by Adele (Album: 25), Track Length: 3:47
 Intro: 8 counts, on lyrics "Want" approx. 5 sec. into track
 Demo Video: <https://goo.gl/IPbTxk>

Counts	Footwork	Facing
1 – 8	Step, Hold, Walk, Walk, ½, Back Rock	
1 - 4	Step R fw (1), Hold (2), Step L fw (3), Step R fw (4)	12:00
5 - 8	Step L fw (5), ½ Turn right on L (6), Rock R back (7), Recover on L (8)	6:00
9 - 16	¾, Side, Cross, Side, Hold, Behind Rock	
1 - 4	Step R fw (1), ¾ Turn left on R (2), Step L to left side (3), Cross R over L (4)	9:00
5 - 8	Step L to left side (5), Hold (6), Rock R behind L (7), Recover on L (8)	9:00
17 - 24	¼, Hitch, Cross, Side, Back, Sweep, Back Rock	
1 - 4	¼ Turn right step R fw (1), Hitch L (2), Cross L over R (3), Step R to right side (4)	12:00
5 - 8	Step L back slightly behind R (5), Small sweep of R from front to back (6), Rock R back (7), Recover on L (8)	12:00
	*Restart here on Wall 2 and 6 facing 6:00	
25 - 32	Walk, Walk, Rock, ½, Sweep, Step, Hold	
1 - 4	Step R fw (1), Step L fw (2), Rock R fw (3), Recover on L (4)	12:00
5 - 8	½ Turn right step R fw (5), Sweep L from back to front (6), Step L slightly cross R (7), Hold (8)	6:00
	*On Wall 4 and 8, add Tag (repeat last 8 counts) here then Restart facing 12:00	
33 - 40	Spiral, Walk, Walk, Rock, Hold, Recover, Back	
1 - 4	Step R fw (1), Full spiral turn left on R (2), Step L fw (3), Step R fw (4) <i>Non-Turning Option (1-2): Step R fw (1), Hold (2)</i>	6:00
5 - 8	Rock L fw (5), Hold (6), Recover on R (7), Step L back (8)	6:00
41 - 48	Point, ¼, Side, Full Turn w/Sweep, Behind, Side	
1 - 3	Point R back (1), ¼ Turn R transferring weight to ball of R (2), Step R heel down with full weight on R and Torque upper body to right side (prep) (3)	9:00
4 - 8	¼ Turn left step L fw (4), ¾ Turn left step back on R (5), Sweep L from front to back (6), Step L behind R (7), Step R to right side (8) <i>Easy Option (3-6): Rock R to right side (3), Recover (4), Step R behind L (5), Sweep L to back (6)</i>	9:00
49 - 56	Cross Rock, Hold, Recover, ¼ ¼ Side, Hold, Hip L&R	
1 - 4	Cross rock L over R (1), Hold (2), Recover on R (3), ¼ Turn left step L fw (4)	6:00
5 - 8	¼ Turn left step R to right side and sway hip right (5), Hold (6), Sway hip left (7), Sway hip right (8)	3:00
57 - 64	Side, Hold, Behind, Side, Cross Rock, ¼, Full Turn	
1 - 4	Step L to left side and sway hip left (1), Hold (2), Step R behind L (3), Step L to left side (4)	3:00
5 - 8	Cross rock R over L (5), Recover on L (6), ¼ Turn right step R fw (7), ½ Turn right step back on L (8), ½ Turn right step R fw (Count 1 of next wall) <i>Non-Turning Option (8, 1): Step L fw (8), Step R fw (1)</i>	6:00
Restart	On Wall 2 and 6 (instrumental music): Dance up to Count 24 then restart facing 6:00 On Wall 4 and 8 : Dance up to Count 32 , then repeat Counts 25-32 (Tag), then restart facing 12:00	
Tag	8 counts = Count 25 – 32 (see Section 4 for details)	