

Disco Beat

Choreographed by **Winnie Yu** (Dancepooh) Canada, December, 2010

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32 count / 2 wall / Beginner Line Dance

Music: Sexy Back by Justin Timberlake (CD:118bpm)

Break Your Heart by Taio Cruz ft. Ludacris (CD: 120bpm)

Alternate Music: Any Disco / Funky Tempo

Intro: 32 count

***Starting position: Facing 3:00 with weight on right**

Sec. 1 (SIDE, TOUCH) x 4

1-2 Step left to left side, touch right beside left (3:00)

3-4 Step right to right side, touch left beside right with twist upper body turning $\frac{1}{4}$ [**Look**]
Left

5-6 Repeat Count 1 & 2

7-8 Repeat Count 3 & 4

(Option:—Snap right fingers at count 4 and 8)

Sec. 2 SIDE, TOGETHER, SIDE, TOUCH, $\frac{1}{4}$ L , SIDE, TOGETHER, SIDE, TOUCH

1-2 Step left to left side, step right beside left

3-4 Step left to left side, touch right beside left

5-6 Make a $\frac{1}{4}$ left stepping right to right side, step left beside right (12:00)

7-8 Step right to right side, touch left beside right

Sec. 3 (HEEL, TOE, STEP, TOUCH) x 2

1-2 Touch left heel forward, touch left toe back (*or: touch left beside Right*)

3-4 Big step left to left side, touch right beside left

5-6 Touch right heel forward, touch right toe back (*or: touch right beside left*)

7-8 Big step right to right side, touch left beside right

Sec. 4 (CROSS ROCK, RECOVER, SIDE) x 2, JAZZ BOX $\frac{1}{4}$ LEFT

1&2 Cross Rock left over right, recover onto right, step left to left side (shoulder apart)

3&4 Cross Rock right over left, recover onto left, step right to right side (shoulder apart)

5-6 Cross step left over right, make a $\frac{1}{4}$ left stepping back on right (9:00)

7-8 Step left to left side, step forward on right

Start Again and Have Fun.