



Celtic Lady

Choreographer: Yvonne Anderson - June 2014 www.elyron.com
Type of Dance: 54 count – 2 wall Waltz with a six count break
Choreographed to: Caledonia by Donna Taggart Album Celtic Woman Volume 1
Available on iTunes and AmazonNotes:
Notes: Start on Vocal, break at the end of wall 6 (see notes). Music ends during section 2

Counts:	Footwork:	End Facing:
	Full Waltz Turn Forward, (Or Basic Forward), Cross 1/4, Cross 1/4, 1/4, Twinkle	
1-3	Facing forward left diagonal [11.30] Step R forward, Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward	(11.30)
4-6	Step L across right (squaring off to 9 o'clock wall), Make 1/4 turn left stepping R back, Step L to side	(6.00)
7-9	Step R across left, Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to side	(12.00)
10-12	Step L across right, Step R to side, Step L in place	(12.00)
	Cross, 3/4 Turn, Step Forward, Lunge Recover Step Back, Cross Back Side Cross, 1/4 Draw	
1&2,3	Step R across left, (&) Make 1/4 turn right stepping L back, Make 1/2 turn right stepping R forward, Step L forward	(9.00)
4-6	Lunge R forward (right knee is bent), Recover weight on L, Step R foot back and slightly right	(9.00)
7&8,9	Step L across right, (&) Step R back, Step L back and slightly left, Step R across left	(9.00)
10-12	Step L back, On ball of left make 1/4 turn right stepping R to right (long step), Draw L towards right (<i>weight remains on right</i>)	(12.00)
	Side Step Spiral, Front- Side- Behind Side, Front-Side-Behind-1/4, Twinkle	
1-3	Step L to left, Step R across left on ball of R make a full spiral turn left, Step L to side <i>(easier option Step L to left, Step R across left, Step L to left)</i>	(12.00)
4&5,6	Step R across left, (&) Step L to left, Step R behind left, Step L to left	(12.00)
7&8,9	Step R across left, (&) Step L to left, Step R behind left, Make 1/4 turn left stepping L forward	(9.00)
10-12	Step R across left, Step L to left Step R in place	(9.00)
	Cross, Side Draw 1/4 1/2, 1/2, Basic Forward, Back 1/2 Step	
1-3	Step L across right, Step R to right (long step) and draw left towards right preparing to turn	(9.00)
4-6	Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L forward	(6.00)
7-9	Step R forward, Step L beside right, Step R back (small step)	(6.00)
10-12	Step L back, Make 1/2 turn right stepping R forward, Step L forward	(12.00)
	Basic Forward, Back 1/2 Step	
1-3	Step R forward, Step L beside right, Step R back (small step)	(12.00)
4-6	Step L back, Make 1/2 turn right stepping R forward, Step L forward	(6.00)
REPEAT:		
BREAK: at the end of wall 6 (facing 6 o'clock) there is a break in the music for 9 and a bit counts		
	R Twinkle, L Twinkle, Step draw hold and then restart the dance	
1-3	Step R across left, Step L to left, Step R in place	(6.00)
4-6	Step L across right, Step R to side, Step L in place	
7-9	Step R across left, Step L to side, Draw R to left	