

'Black and White'

Choreographer Dee Musk (UK) August 2016.

48 Count 2 Wall - Advanced Nightclub 2-Step – Three Restarts.

Music:- 'Black and White' by 'The Shires' – Album – Brave (Deluxe).

8 Count Intro – Start on the word 'Two' as she sings 'You were given' - Approx 6 seconds

Track Approx 3 mins 41 secs. BPM 78 (Approx).

Track available from iTunes.co.uk deemusk@btinternet.com Dee – 07814 295470

Step Full Turn Right, Rock Recover, Back Touch, 1/4 Twist Right, 1/4 Twist Left Sweep, Cross Side.

- 1,2& Step forward on R, make a full turn R stepping back on L, stepping forward on R.
3,4 Rock forward on L, recover weight to R.
&5,6 Step back on L, touch R toe back, on balls of both feet twist a 1/4 turn R.
7 On balls of both feet twist 1/4 turn sweeping R to in front of L.
8& Cross R over L, step L to L side. **(12 o'clock).**

Back Rock, 1/4 Turn Left, Back Rock, Full Turn Right, Sweep, Cross Tap Sweep, Behind Side.

- 1,2& Rock R behind L, recover weight to L, make a 1/4 turn L stepping back on R.
3,4 Rock back on L, recover weight to R.
&5 Make a 1/2 turn R stepping back on L, make a 1/2 turn R stepping forward on R sweeping L to in front of R.
6&7 Cross L over R, tap R toe behind L, replace weight to R and sweep L to behind R.
8& Cross L behind R, step R to R side. **(9 o'clock).**

Cross Sweep, Cross, 1/4 Turn Right, 1/4 Turn Right, Cross, Sway, Sway, Side Drag, Ball Cross.

- 1,2 Cross L over R whilst sweeping R from behind to in front of L, cross R over L.
3,4& Make a 1/4 turn R stepping back on L, make a 1/4 turn R stepping R to R side, cross L over R.
5,6 Step R to R side swaying R, sway L.
7,8& Step R to R side dragging L to beside R, step L beside R, cross R over L. **(3 o'clock).**

1/4 Turn R, Back Rock, Step 3/4 Turn L, Behind 1/4 Turn R, Step Pivot, Step.

- 1-3 Make a 1/4 turn R stepping back on L, rock back on R, recover weight to L.
4&5 Step forward on R, make a 3/4 turn L, step R to R side.
6& Cross step L behind R, make a 1/4 turn R stepping forward on R (12 o'clock).
7,8& Step forward on L, make a 1/2 turn R, step forward on L. **(6 o'clock).**
****Restart here during wall 5 – Begin again facing 6 o'clock wall**.**

Step Sweep, Cross, 1/4 Turn L, Cross, 1/2 Turn R, Cross, 3/4 Turn L, Step Pivot L.

- 1,2&3 Step forward on R whilst sweeping L to in front of R, cross L over R, make a 1/4 turn L stepping back on R, step L to L side.
4&5 Cross R over L, make a 1/4 turn R stepping back on L, make a 1/4 turn R stepping R to R side.
6&7 Cross L over R, make a 1/4 turn L stepping back on R, make a 1/2 turn L stepping forward on L.
8& Step forward on R, make a 1/2 turn L (weight forward on L). **(6 o'clock).**
****Restart from here during wall 2 – Begin again facing 12 o'clock wall**.**
****Restart from here during wall 4 – Begin again facing 12 o'clock wall**.**

1/2 Turn L Sweep, Behind, Side, Cross Rock Recover, Side, Step Full Spiral Turn Left, Step, Step 1/2 Turn Left.

- 1 Make a 1/2 turn L stepping back on R whilst sweeping L to behind R.
2& Cross step L behind R, step R to R side.
3,4& Cross rock L over R, recover weight to R, step L to L side.
5,6 Step forward on R, make a full spiral turn L ending with L hooked in front of R.
7 Step forward on L.
8& Step forward on R, make a 1/2 turn L (weight ending on L). **(6 o'clock).**