

DANCE: Beautiful Inside

CHOREOGRAPHED TO: Beautiful Inside by Louise

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DESCRIPTION: Phrased 4 wall, AAB, AAB, A, A WITH RESTART, AAA finish C8AS4 front, intermediate, 112bpm

32 count intro

AS1 FORWARD, TOUCH, OUT/OUT, BALL CROSS, SIDE ROCK/RECOVER, BEHIND, SIDE, FORWARD

- 1 Large step forward on left
- 2&3 Touch right toe next to left, step out on right, step out on left
- &4 Step right next to left, cross left over right
- 5-6 Side rock right, recover on left
- 7&8 Cross right behind left, step left to left side, step forward on right (12:00) *(Restart here facing 9:00)*

AS2 _ TURN LEFT, _ TURN LEFT, BACK LOCK STEP, BALL STEP OUT, STEP OUT, POP RIGHT KNEE IN, BALL SIDE STEP, POP LEFT KNEE OUT WITH A TOUCH

- 1-2 Pivot _ turn left, _ turn left stepping back on right (12:00)
- 3&4 Step back on left, cross right over left, step back on left
- &5-6 Step back and to side on right, step left to side of right, pop right knee in (weight on right)
- &7-8 Step left up to right, step right to right side, pop left knee out as you touch toe to floor (slightly dipping down and back facing left diagonal) (12:00)

AS3 SHUFFLE _ TURN LEFT, STEP PIVOT _ TURN LEFT, SHUFFLE _ TURN LEFT, BALL STEP BACK, DRAG

- 1&2 _ turn left and shuffle forward stepping left, right, left (9:00)
- 3-4 Step forward on right, _ pivot turn left (3:00)
- 5&6 Shuffle turning _ turn left stepping right, left, right (9:00)
- & Small step back on left
- 7-8 Large step back on right, dragging left to right

AS4 BALL CROSS WITH _ TURN RIGHT, _ TURN RIGHT x 3, BACK LOCK STEP, BALL WALKS FORWARD x 3

- &1 Step left in place, _ turn right crossing right over left (12:00)
- 2-3 _ turn right stepping back on left, _ turn right stepping forward on right (6:00)
- 4 _ turn right stepping back on left (9:00)
- 5&6 Step back on right, cross left over right, step back on right
- & Small step back on left
- 7-8& Walk forward right, walk forward left, step right next to left (9:00)

BS1 SIDE, HOLD, BACK ROCK/RECOVER, _ TURN RIGHT, HOLD, PIVOT _ TURN RIGHT

- 1-2 Large step to left side, hold (6:00)
- 3-4 Back rock on right, recover on left
- 5-6 _ turn right stepping forward on right, hold (9:00)
- 7-8 Step forward on left, pivot _ turn right (3:00)

BS2 FORWARD, HOLD, PIVOT _ TURN LEFT, FORWARD, HOLD, PIVOT _ TURN RIGHT

- 1-2 Step forward on left, hold
- 3-4 Step forward on right, pivot _ turn left (9:00)
- 5-6 Step forward on right, hold
- 7-8 Step forward on left, pivot _ turn right (3:00)

BS3 SIDE, HOLD, BACK ROCK/RECOVER, _ TURN RIGHT, HOLD, PIVOT _ TURN RIGHT

- 1-2 Large step to left to left side, hold
- 3-4 Back rock on right, recover on left
- 5-6 _ turn right stepping forward on right, hold (6:00)
- 7-8 Step forward on left, pivot _ turn right (12:00)

BS4 FORWARD, HOLD, PIVOT _ TURN LEFT, FORWARD, HOLD, FULL TURN RIGHT

- 1-2 Step forward on left, hold
- 3-4 Step forward on right, pivot _ turn left (6:00)
- 5-6 Step forward on right, hold
- 7-8 _ turn right stepping back on left, _ turn right stepping forward on right (6:00)