

# A Throstle Cha

Choreographed by Winnie Yu (Dancepooh), Canada Nov., 2015

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High Intermediate Phrased Line Dance

2 wall / 128 counts / A-32, B-16, C-64, Tag-16

Sequence: ABA, ABA, C, ABA, Tag, C, ABA, Ending: A-

Music: Wo Shi Yi Zhi Hua Mei Niao by Bessie Lin (我是一隻畫眉鳥-林淑娟)

Slow Edit Version (Length of track 4:11)

Intro: 24 counts

Video Link: <https://www.youtube.com/watch?v=lxG4YA6kRm0>



## **Part A: 32 counts**

### **Section 1: Side L, Rock Back, Recover, Chasse R, Cross Rock, Recover, Chasse L**

1-2-3, Step left side, rock right behind left, recover left,

4&5 Step right to right, step left besides right step right to right side

6-7, 8&1 Cross rock left over right, recover right, step left to left, step right besides left, step left to left

### **Section 2: R Back Rock, Recover, Chasse 1/4R, Step Pivot 1/2R, L Shuffle Fwd**

2-3, Rock right behind left, recover left,

4&5 Step right to right, step left besides right, step right forward make a 1/4R (3:00)

6-7, 8&1 Step left forward, pivot 1/2R, step left forward, lock right behind left, step left forward (9:00)

### **Section 3: Fwd R, Pivot 1/2L, Shuffle Fwd, Fwd L, Back 1/2L, Chasse 1/4L**

2-3, 4&5 Forward right, pivot 1/2L, step right forward, lock left behind right, step right forward (3:00)

6-7, Step left forward, step right back & make a 1/2 left

8&1 Step left side & make 1/4L, step right besides left, step left to left side (6:00)

### **Section 4: R/L/R Cross Rock, Recover, Side**

2&3 Cross rock right over left, recover onto left, step right to right side

4&5 Mirror image on left

6-7-8 Cross rock right over left, recover onto left, step right to right side

## **Part B: 16 counts**

### **Section 1: L/R Dorothy, L Rocking Chair, Step, Pivot 1/2R**

1-2& Step left to left diagonal, lock right behind left, step left to left diagonal

3-4& Mirror image to right

5&6& Rock left forward, recover onto right, rock left backward, recover onto right

7-8 Step left forward, pivot 1/2R (12:00)

### **Section 2: Repeat Section 1 (6:00)**

## **Part C: 64 counts**

### **Section 1: L Box Fwd, Touch R, R Box Back, Touch L**

1-2-3-4 Step left to side, step right besides left, step left forward, touch right besides left

5-6-7-8 Step right to side, step left besides right, step right back, touch left besides right

## **Section 2: L Box Back, Touch R, R Box Fwd, Touch L**

- 1-2-3-4 Step left to side, step right besides left, step left back, touch right besides left  
5-6-7-8 Step right to side, step left besides right, step right forward, touch left besides right

## **Section 3: Cruising Left 1/4L, Pivot 1/2L, Hold**

- 1-2-3-4 Step left to left side, step right behind left, step left to left side, cross right over left  
5-6-7-8 Step left forward & make a 1/4L, step right forward, pivot 1/2L, Hold (3:00)

## **Section 4: Cruising Right 1/4R, Pivot 1/2R, Hold**

- 1-2-3-4 Step right to right side, step left behind right, step right to right side, cross left over right  
5-6-7-8 Step right forward & make a 1/4R, step left forward, pivot 1/2R, Hold (12:00)

## **Section 5: Left Rocking Chair, L Fwd Mambo, Hold**

- 1-2-3-4 Rock left forward, recover onto right, rock left backward, recover onto right  
5-6-7-8 Rock left forward, recover onto right, step left back, Hold

## **Section 6: Reverse Right Rocking Chair, R Back Mambo, Hold**

- 1-2-3-4 Rock right backward, recover onto left, rock right forward, recover onto left  
5-6-7-8 Rock right backward, recover onto left, step right back & make a 1/2L, Hold (6:00)

## **Section 7: L Side, Hold, Tog Side, Hold, Tog, Rock Side, Recover, Cross, Hold**

- 1-2&3-4 Step left to side, Hold, step right together, step left to side, Hold  
&5-6-7-8 Step right together, rock left to side, recover onto right, cross left over right, Hold

## **Section 8: R Side, Hold, Tog Side, Hold, Tog, Rock Side, Recover, Cross Rock, Recover, Side, Hold**

- 1-2&3-4 Step right to side, Hold, step left together, step right to side, Hold  
&5&6 Step left together, rock right to side, recover onto left, cross rock right over left  
&7-8 Recover onto left, step right to side, Hold

## **Tag: 16 counts**

### **Section 1: L Fwd Rock, Recover, Shuffle Back, R Back Rock, Recover, Shuffle Fwd**

- 1-2-3&4 Rock left forward, recover onto right, step left back, lock right over left, step left back  
5-6-7&8 Rock right backward, recover onto left, step right forward, lock left behind right, step right forward

### **Section 2: L Fwd Mambo, Hold, R Back Mambo, Hold**

- 1-2-3-4 Rock left forward, recover onto right, step left back, Hold  
5-6-7-8 Rock right backward, recover onto left, step right forward, Hold

## **Ending: 11 counts**

### **Part A- Sec 1: Side L, Rock Back, Recover, Chasse R, Cross Rock, Recover, Chasse L, HOLD, STOMP with POSE**

- 1-2-3 Step left side, rock right behind left, recover left,  
4&5 Step right to right, step left besides right step right to right side  
6-7, 8&1 Cross rock left over right, recover right, step left to left, step right besides left, step left to left  
2, 3 Hold, Stomp to Right & pose.