

Carefirst LDEX Syllabus – February 2018

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

Red – Compulsory Dances (No Walk Thru)

Black – Walk Thru Once

	Week One	Week Two	Week Three	Week Four
Section 1 (50 min)	Tush Push YMCA Ghost Train 1. Little Foxtrot 2. When 3. Tango With The Sheriff 4. EZ Body Cha 5. Fresh 6. Bosa Nova 7. 2 Butterflies 8. Canadian Stomp 9. Little Apple EZ 10. Gongxi Gongxi 2018CNY	Charleston Colours of the Wind Mambo 1 1. Man Chang Fei 2. Come Dance With Me 3. Hello Dolly 4. Jo N Jo Tango 5. Lonely Drum 6. Eyes For You 7. Summer Wine 8. Mony Mony 9. Quando When Quando 10. Tickets To The Blues	Tibet Love Song The Lemon Tree Polka 1. Saturday Night Fever 2. Fresh 3. Dirty 4. EZ NC2 5. EZ Tango 6. Brokenhearted EZ 7. Rose Rose I Love You 8. Tennessee Waltz Surprise 9. Por Ti Sere 10. Butterfly	Sexy Cha Start To Waltz EZ I Swear 1. Dun Play Play 2. Mambo 1 3. Wobble 4. CuCu 5. Disco Remix 6. Rio 7. Disco Beat 8. Sugar Sugar 9. Oh Carol 10. The Uptown Cha
Section 2 (50 min)	CuCu Fresh Qiao Qiao Man 1. Samba 1 2. Chilly Cha Cha 3. Tush Push 4. Clap Snap EZ 5. Gypsy Queen 6. EZ Cha Cha 7. Pooh's Merengue 8. Whole Again 9. 40 Steps 10. The Uptown Cha	Man Chang Fei Young Enough K Step Boogie 1. I Won't Back Down 2. Little Rock Cha Cha 3. Oh Carol 4. Gongxi Gongxi 2018CNY 5. 2 Butterflies 6. If I Wuz U 7. Clap Snap EZ 8. Dream Lover 9. Rio 10. Como Yo	Little Quizas Fresh Tennessee Waltz Surprise 1. Little Quizas 2. Waltz II 3. Little Mockin' Bird Cha 4. Duck Soup 5. A Happy Cha 6. Samba 1 7. Mony Mony 8. First Waltz 9. Clap Your Hands 10. Dream Lover	Angry Bird CuCu Wobble 1. Goodbye 2. Reflection 2 3. A Tiny Cha Cha 4. EZ NC2 5. I Will Follow Him EZ 6. Whole Again 7. EZ Combo 8. Have You Ever Seen the Rain 9. EZ Cake By the Ocean 10. Hey