

# Carefirst LDEX Syllabus - October 2017

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

**Red – Compulsory Dances (No Walk Thru)**

**Black – Walk Thru Once**

	Week One	Week Two	Week Three	Week Four
<b>Section 1</b> (50 min)	<b>Bollywood 45</b> <b>Jo N Jo Tango</b> <b>Rose Rose I Love You</b> 1. Man Cheng Fai 2. Qiao Qiao Men 3. Sexy Cha 4. EZ NC2 5. Baby, Just A Kiss 6. Little Foxtrot 7. Delilah EZ 8. The Uptown Cha 9. Dream Lover 10. Past Love As A Dream EZ	<b>Reflections 2</b> <b>Clap Snap EZ</b> <b>Por Ti Sere</b> 1. Bosa Nova 2. EZ Cake By The Ocean 3. Eyes for You 4. Little Mockin' Bird Cha 5. Rio 6. Whole Again 7. Brokenhearted EZ 8. Colours of the Wind 9. Bollywood 45 10. DHSS	<b>A Happy Cha</b> <b>Ez I Swear</b> <b>Start To Waltz</b> 1. I Will Follow Him EZ 2. Gypsy Queen 3. P.T.S. Cha 4. CuCu 5. First Waltz 6. Lindi Shuffle 7. Polka 8. Scotia Samba 9. Black Coffee 1 10. Black Coffee 2	<b>Little Quizas</b> <b>The Uptown Cha</b> <b>When</b> 1. Disco Remix 2. I Got A Woman 3. Monica EZ 4. Tush Push 5. EZ Tango 6. A Little Waltz 7. 2 Butterflies 8. Pooh's Merengue 9. Eyes For You 10. Samba 1
<b>Section 2</b> (50 min)	<b>Sexy Cha</b> <b>Qiao Qiao Men</b> <b>Man Cheng Fai</b> 1. Tickets To The Blues 2. Little Rumba Cha 3. Lonely Drum 4. Yesterday's Tomorrow 5. Por Ti Sere 6. Como Yo 7. 2 Butterflies 8. Come Dance With Me 9. Clap Snap EZ 10. Reflections 2	<b>Whole Again</b> <b>Rio</b> <b>EZ Cake by the Ocean</b> 1. YMCA 2. Angry Bird 3. Start To Waltz 4. Rose Rose I Love You 5. Quando When Quando 6. The Most Beautiful Girl 7. Mambo 1 8. Summer Wine 9. Chilly Cha Cha 10. The Bomp	<b>Tush Push</b> <b>40 Steps</b> <b>Polka</b> 1. Sugar Sugar 2. Clap Snap EZ 3. Little Quizas 4. Little Rumba 5. The Lemon Tree 6. Tango With the Sheriff 7. Come Dance with Me 8. Jo n Jo Tango 9. Little Apple EZ 10. Dream Lover	<b>Disco Remix</b> <b>Monica Ez</b> <b>Wobble</b> 1. Ez Combo 2. Banca Cha Cha 3. Ez Swing 4. Scotia Samba 5. Black Coffee 1 6. Black Coffee 2 7. Whole Again 8. Waltz II 9. Ez Body Cha 10. Dream Lover