

# Carefirst LDEX Syllabus - December 2017

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

**Red – Compulsory Dances (No Walk Thru)**

**Black – Walk Thru Once**

	Week One	Week Two	Week Three	Week Four
<b>Section 1</b> (50 min)	<b>Charleston</b> <b>Samba 1</b> <b>Ah Si</b> 1. EZ Cha Cha 2. Start To Mambo 3. Man Cheng Fei 4. A Little Watz 5. 40 Steps 6. Jo N Jo Tango 7. Sexy Cha Cha 8. Polka 9. 2 Butterflies 10. Oh Carol	<b>Stroll Along Cha Cha</b> <b>The Lemonn Tree</b> <b>Tush Push</b> 1. Lindi Shuffle 2. EZ Tango 3. Little Rumba 4. Chaka Chaka 5. Tickets To The Blues 6. Little Quizas 7. Quando When Quando 8. Pooh's Merengue 9. Clap Snap EZ 10. Summer Wine	<b>K Step Boogie</b> <b>EZ Combo</b> <b>Come Dance With Me</b> 1. Butterfly 2. The Lemon Tree 3. Waltz li 4. Whole Again 5. Ghost Train 6. Chilly Cha Cha 7. Lonely Drum 8. Tennessee Surprise 9. I Got A Woman 10. Mamma Maria	<b>Ah Si</b> <b>A Tiny Waltz</b> <b>YMCA</b> 1. Sugar Sugar 2. The Locomotion 3. Oh Carol 4. EZ I Swear 5. Tibet Love Song 6. Reflection 2 7. Colours Of The Wind 8. P.T.S Cha 9. Slosh 10. EZ Cakes By The Ocean
<b>Section 2</b> (50 min)	<b>EZ Cha Cha</b> <b>A Little Waltz</b> <b>40 Steps</b> 1. Rio 2. Whole Again 3. Past Love As A Dream 4. The Uptown Cha 5. Come Dance With Me 6. Mambo 1 7. Tush Push 8. Lonely Drum 9. Brokenhearted EZ 10. Bosa Nova	<b>Chaka Chaka</b> <b>EZ Circle Cha</b> <b>Lindi Shuffle</b> 1. Eyes For You 2. Rose Rose I Love You 3. I Will Follow Him EZ 4. Qiao Qiao Men 5. Bosa Nova 6. Baby, Just A Kiss 7. Come Yo 8. Gypsy Queen 9. Por Ti Sere 10. EZ NC2	<b>Angry Birds</b> <b>Whole Again</b> <b>When</b> 1. Hello Dolly 2. Blue Rose Is 3. Man Chang Fei 4. Cowgirls Twist 5. Cucu 6. Dun Play Play 7. Disco Beat 8. A Happy Cha 9. Cuban Shuffle 10. Deliah EZ	<b>Disco Remix</b> <b>Pooh's Merengue</b> <b>The Uptown Cha</b> 1. EZ Swing 2. The Most Beautiful Girl 3. Dream Lover 4. Little Apple EZ 5. Wobble 6. Saturday Night Fever 7. Black Coffee 1 8. Black Coffee 2 9. Monica EZ 10. Have You Ever Seen The Rain