

Carefirst LDEX Syllabus - August 2017

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

Red – Compulsory Dances (No Walk Thru)

Black – Walk Thru Once

	Week One	Week Two	Week Three	Week Four
Section 1 (50 min)	Polka Qiao Qiao Men Young Enough 1. The Locomotion 2. Jo N Jo Tango 3. Mamma Maria 4. EZ Hands Up 5. Lonely Drum 6. Monica EZ 7. Duck Soup 8. Pooh's Merengue 9. She Bangs 10. Start To Waltz	YMCA EZ Cha Cha When 1. Tibet Love Song 2. Mambo 1 3. Bomp Easy 4. K Step Boogie 5. Ah Si 6. Butterfly 7. EZ Combo 8. 40 Steps 9. Brokenhearted EZ 10. Por Ti Sere	Rose Rose I Love You EZ Cheeky Cha Angry Bird 1. Shy Waltz 2. Canadian Stomp 3. I Will Follow Him EZ 4. Lonely Drum 5. Goodbye 6. Gypsy Queen 7. CuCu 8. Little Rumba 9. I Got A Woman 10. Bosa Nova	A Happy Cha Man Chang Fei Little Waltz 1. Disco Remix 2. Little Rumba Cha 3. Put It On Me 4. Bollywood 45 5. Tango With The Sheriff 6. EZ I Swear 7. The Lemon Tree 8. Hello Dolly 9. The Most Beautiful Girl 10. Little Apple EZ
Section 2 (50 min)	Come Dance With Me Past Love As A Dream EZ EZ Hands Up 1. EZ Tango 2. EZ Body Cha 3. Rio 4. EZ NC2 5. The Most Beautiful Girl 6. YMCA 7. Colour Of The Wind 8. Summer Wine 9. Bollywood 45 10. EZ C'm On Everbody	Chaka Chaka Cuban Shuffle EZ Uma Thurman 1. EZ Swing 2. DHSS 3. Quando When Quando 4. Baby, Just A Kiss 5. Clap Snap EZ 6. Whole Again 7. A Tiny Waltz 8. Baby Dolly 9. Little Quizas 10. 2 Butterflies	Samba 1 Little Apple EZ Tush Push 1. Man Chang Fei 2. Tickets To The Blue 3. Come Yo 4. Clap Your Hands 5. Chilly Cha Cha 6. Little Merengue 7. Sugar Sugar 8. Cleveland Shuffle 9. Rio 10. Monica EZ	EZ I Swear 40 Steps Run Baby 1. Lonely Drum 2. Bollywood 45 3. Tibet Love Song 4. EZ Cake By The Ocean 5. Little Mockin Bird Cha 6. Wobble 7. Reflection 2 8. Little Foxtrot 9. Tush Push 10. EZ NC2