

Carefirst LDEX Syllabus - April 2017

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

Red – Compulsory Dances (No Walk Thru)

Black – Walk Thru Once

	Week One	Week Two	Week Three	Week Four
Section 1 (50 min)	Monica EZ Blue Rose Is DHSS 1. EZ Cha Cha 2. Tibet Love Song 套马杆 3. Tush Push 4. Cowgirls Twist 5. Hello Dolly 6. K Step Boogie 7. CuCu 8. Little Rumba 9. Electric Slide 10. EZ NC2	Brokenhearted EZ Come Dance With Me 40 Steps 1. Past Love As A Dream 2. Sexy Cha 3. Electric Slide 4. Rio 5. Strong Along Cha Cha 6. Por Ti Sere 7. Monica EZ 8. Blue Rose Is 9. Hello Dolly 10. A Tiny Waltz	Chaka Chaka EZ Uma Thurman Summer Wine 1. Disco Remix 2. Pooh's Merengue 3. 2 Butterflies 4. Little Quizas 5. Tickets To the Blues 6. Little Mockin' Bird Cha 7. Reflection 2 8. Brokenhearted EZ 9. EZ NC2 10. Rio	Rose Rose I Love You A Happy Cha Angry Bird 1. Colour of the Wind 2. Samba 1 3. EZ Tango 4. When 5. Tickets To The Blue 6. Gypsy Queen 7. Emergency 8. EZ Body Cha 9. Little Apple EZ 10. EZ C'm On Everybody
Section 2 (50 min)	Dun Play Play Polka Little Apple EZ 1. Man Chang Fei 2. EZ I Swear 3. Reflection 2 4. Jo N Jo Tango 5. Little Quizas 6. Ah Si 7. Start To Mambo 8. Brokenhearted EZ 9. Come Dance With Me 10. 40 Steps	YMCA Mambo 1 Little Rumba 1. Reflection 2 2. EZ Cha Cha 3. Bosa Nova 4. Disco Remix 5. Quando When Quando 6. Man Chang Fei 7. EZ NC2 8. Sugar Sugar 9. Hello Dolly 10. Tibet Love Song 套马杆	Jo N Jo Tango 40 Steps Stroll Along Cha Cha 1. Hello Dolly 2. Gypsy Queen 3. Past Love As A Dream 4. EZ I Swear 5. Sugar Sugar 6. Baby, Just A Kiss 7. Sexy Cha 8. Qiao Qiao Men 敲敲门 9. EZ Cheeky Cha 10. Rose Rose I Love You	Clap Your Hands Ghost Train Little Rock Cha Cha 1. Mambo 1 2. EZ Circle Cha 3. Cuban Shuffle 4. Wobble 5. Start To Waltz 6. The Locomotion 7. Duck Soup 8. Lindi Shuffle 9. Por Ti Sere 10. Little Foxtrot