

LDEX Syllabus - January 2016 (Tues & Fri)

Red – Compulsory Dances (No Walk Thru)

Black – Walk Thru Once

	Week One	Week Two	Week Three	Week Four
Section 1 (50 min)	<p>Macarena Slosh EZ Hands Up Angry Bird YMCA</p> <ol style="list-style-type: none"> Charleston Pooh's Merengue Electric Slide EZ Cha Cha Ah Si A Tiny Waltz Struttin' Funky Boogalu Polka 	<p>Slosh EZ Hands Up J Ho AB Little Apple EZ YMCA</p> <ol style="list-style-type: none"> Charleston Pooh's Merengue Electric Slide EZ Cha Cha Ah Si A Tiny Waltz Struttin' Funky Boogalu Polka 	<p>Macarena Slosh EZ Hands Up Angry Bird YMCA</p> <ol style="list-style-type: none"> EZ C'm On Everybody Cowgirl's Twist Come On and Dance When Chaka Chaka 16 Steps Little Rhumba Young Enough Ah Si Polka 	<p>Slosh EZ Hands Up J Ho AB Little Apple EZ YMCA</p> <ol style="list-style-type: none"> EZ C'm On Everybody Cowgirl's Twist Come On and Dance When Chaka Chaka 16 Steps Little Rhumba Young Enough Cupid Shuffle Polka
Section 2 (50 min)	<p>Macarena Slosh EZ Hands Up Angry Bird YMCA</p> <ol style="list-style-type: none"> Come On and Dance Cowgirl's Twist Cuban Shuffle A Little Cha When Little Rhumba Little Rock Cha Cha EZ V. Waltz Polka 	<p>Slosh EZ Hands Up J Ho AB Little Apple EZ YMCA</p> <ol style="list-style-type: none"> Come On and Dance Cowgirl's Twist Cuban Shuffle A Little Cha When Little Rhumba Little Rock Cha Cha EZ V. Waltz Polka 	<p>Macarena Slosh EZ Hands Up Angry Bird YMCA</p> <ol style="list-style-type: none"> EZ C'm On Everybody Electric Slide EZ Cha Cha Pooh's Merengue Disco Charleston Start to Waltz Sexy Cha Struttin' Polka 	<p>Slosh EZ Hands Up J Ho AB Little Apple EZ YMCA</p> <ol style="list-style-type: none"> EZ C'm On Everybody Electric Slide EZ Cha Cha Pooh's Merengue Disco Charleston Start to Waltz Sexy Cha Struttin' Polka