

# Carefirst's Line Dance Exercise Class (LDEX)



## 耆暉會排舞運動班

Aaniin Community Centre 5665 14 <sup>th</sup> Ave, Markham (14 <sup>th</sup> / Middlefield)				
Tue Day Class - Older Adult Room				
1	Tuesday	10:00am – 11:30am	Level I+/II	Dodo Wong
耆暉會一站式綜合服務中心 300 Silver Star Blvd (Silver Star Blvd/McNicoll Ave)				
Thur Day Class – Dance Studio				
Thur Evening Class - Auditorium Room <b>(OPEN HOUSE: Apr 12 &amp; 19)</b>				
Sat Day Class – Multi-Purpose Room				
2	Thursday	11:00am – 1:00pm	Level I+/II	Elsa Lee
3 <b>NEW</b>	Thursday	7:30pm – 9:00pm	Level II	Dodo Wong
4	Saturday	10:15am – 12:15am	Level I+/II	Dodo Wong

- 需先購買跳跳咭, 每咭 12 格, 售價 \$55, 每次蓋印 1 格
- 耆暉會一站式綜合服務中心的週四、週六 LDEX 排舞運動班, 需先登記成為耆康社社員\*
- \* 社員費\$25, 由每年 4 月 1 日至下年度 3 月 31 日為止。

### 社員優惠：

- 參加「只限社員」的活動
- 參加耆康社舉辦的各項興趣班及活動可享優惠
- 耆暉會一站式綜合服務中心泊車証一張

### Registration & Enquiry

#### Dancepooh's Team

Dodo 416-720-7188  
Elsa 647-882-4606

#### Carefirst

Shirley Ong 426-847-2760  
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