

# Hot Dance Exercise

帶氧跳舞節操

無需要學習/no walk thru

**SWEAT**

**Every Thursday**

Level: Absolute Beginner

Location : Unionville Presbyterian Church

Village Parkway, Unionville

Time : 7:30 pm - 8:30 pm

Start from: Jan 16, 2014

**Free: \$5 / class**

Instructor : Dodo Wong

Email: [dodo\\_wong@rogers.com](mailto:dodo_wong@rogers.com) Tel: 905-887-3363

website : <http://www.winnieyu.ca>

<http://www.dancepooh.ca>

**DANCE**  
with the POOH