



Carefirst Seniors & Community Services Association
耆暉會

Dancercise & EZ Workshop
DancePooh Team – Elsa Lee



Sep 25

免費
開放日

運動排舞樂
Fun Fun

Dancercise (TH-IDC)	EZ Workshop (TH-IEZ)
<p>Every Thursday (逢星期四) Time: 11: 15 am—12:05 pm (50 mins) Fee: \$2 / session</p> <p>Start Date : Thu Oct 2</p>	<p>Every Thursday (逢星期四) Time: 12:10 pm—1:00 pm (50 mins) Fee: \$2 / session</p> <p>Start Date : Thu Oct 2</p>
<p>Dancercise + EZ Workshop (TH-iDEZ) Time : 11:15 am — 1:00 pm (1 hr 45 mins) Fee: \$3 / session Start Date : Thu Oct 2</p>	

Enquiries & Enrolment:
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Min 10
Max 28

